

2026 NFL Projected Offense Rankings

MFT Offense Rating

Rating = Projected Points Per Game / Highest Projected PPG x 100.
Example: an 80 rating means the offense is projected to score at 80% of the No. 1 team rate.

No. 1 baseline: LA Rams 26.6 PPG = 100.0

Relative scoring index - not a percentile ranking.

RK	TEAM	PROJ PPG	MFT RATING	TIER
1	Los Angeles Rams	26.6	100.0	Elite
2	Buffalo Bills	26.1	98.1	Elite
3	Detroit Lions	26.1	98.1	Elite
4	Cincinnati Bengals	26.0	97.7	Elite
5	Baltimore Ravens	25.9	97.4	Elite
6	Dallas Cowboys	25.7	96.6	Elite
7	San Francisco 49ers	25.0	94.0	Strong
8	Seattle Seahawks	24.8	93.2	Strong
9	Green Bay Packers	24.7	92.9	Strong
10	Chicago Bears	24.6	92.5	Strong
11	Kansas City Chiefs	24.1	90.6	Strong
12	Philadelphia Eagles	23.8	89.5	Above Avg
13	New England Patriots	23.8	89.5	Above Avg
14	Los Angeles Chargers	23.8	89.5	Above Avg
15	Jacksonville Jaguars	23.4	88.0	Above Avg
16	Washington Commanders	23.4	88.0	Above Avg

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17	Indianapolis Colts	23.4	88.0	Above Avg
18	Tampa Bay Buccaneers	23.3	87.6	Above Avg
19	Minnesota Vikings	22.5	84.6	Mid
20	Houston Texans	22.5	84.6	Mid
21	Denver Broncos	22.3	83.8	Mid
22	New York Giants	22.1	83.1	Mid
23	New Orleans Saints	21.5	80.8	Mid
24	Pittsburgh Steelers	21.4	80.5	Mid
25	Atlanta Falcons	21.1	79.3	Below Avg
26	Carolina Panthers	20.8	78.2	Below Avg
27	Tennessee Titans	20.6	77.4	Below Avg
28	Las Vegas Raiders	19.2	72.2	Weak
29	Miami Dolphins	19.0	71.4	Weak
30	Cleveland Browns	18.7	70.3	Weak
31	Arizona Cardinals	18.5	69.5	Weak
32	New York Jets	18.4	69.2	Weak

Fantasy interpretation:

Higher-rated offenses are projected to create more total scoring opportunities. Player role, volume, health, and positional usage still matter more for individual rankings.

Source: First Down Studio 2026 NFL Implied Totals (Vegas-derived), updated Aug. 27, 2026. Implied totals methodology cross-checked with Sharp Football Analysis.