

Seattle Seahawks | Team Depth Chart

2026 - Entering Week 5 - Revision 1

Team chart captured 2026-10-06. Listed order can change; check game-day availability.

Club-published order (often unofficial). Columns identify the source order within each formation slot; repeated WR/CB rows are separate slots. Blank cells are not filled by inference.

Offense

Position	Listed 1	Listed 2	Listed 3	Listed 4
WR	Cooper Kupp / Rashid Shaheed	Montorie Foster Jr.	-	-
LT	Charles Cross	Josh Jones	-	-
LG	Grey Zabel	Christian Haynes	Beau Stephens	-
C	Jalen Sundell	Olu Oluwatimi	-	-
RG	Christian Haynes	Beau Stephens	-	-
RT	Abraham Lucas	Josh Jones	-	-
TE	AJ Barner	Eric Saubert	Elijah Arroyo	Nick Kallerup
WR	Jaxon Smith-Njigba	Tory Horton	-	-
QB	Sam Darnold	Drew Lock	Jalen Milroe	-
FB	Brady Russell	-	-	-
RB	Jadarian Price	Emanuel Wilson	George Holani	-

Defense

Position	Listed 1	Listed 2	Listed 3
DT	Leonard Williams	Rylie Mills	-
NT	Byron Murphy II	Brandon Pili	-
DE	Jarran Reed	Mike Morris	-
RUSH	DeMarcus Lawrence	Derick Hall	-
MLB	Ernest Jones IV	Patrick O'Connell	-

Position	Listed 1	Listed 2	Listed 3
WLB	Drake Thomas	Tyrice Knight	Chazz Surratt
SLB	Uchenna Nwosu	Dante Fowler Jr.	Connor O'Toole
CB	Devon Witherspoon	Nehemiah Pritchett	-
CB	Josh Jobe	Julian Neal	Avery Smith
S	Ty Okada	Rodney Thomas II	-
S	Julian Love	AJ Finley	-
S	Nick Emmanwori	-	-

Special Teams

Position	Listed 1	Listed 2
K	Jason Myers	-
P	Michael Dickson	-
H	Michael Dickson	-
PR	Rashid Shaheed	Tory Horton
KR	Tory Horton	Rashid Shaheed
LS	Chris Stoll	-

Team source: <https://www.seahawks.com/team/depth-chart>
Fantasy statistics: nflverse weekly player statistics; games verified against MyFootballToolbox schedules. Saved edition: <https://myfootballtoolbox.com/nfl/depth-charts/2026/week-05/seahawks/>