

Pick'em with Confidence Points

2026 WEEK 1 | EXPERT PICKS

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Highest confidence first. Points are a suggested order, not a guarantee.

#16  JAX	CLE at JAX  Cleveland Browns Power Rank #28 Entering Week 1 Cleveland's young core is getting stronger, but uncertainty at quarterback limits the offense's immediate outlook. Trading Myles Garrett and changing the coaching staff also leave the defense...	JAX favored by 7.5 pts  Jacksonville Jaguars Power Rank #7 Entering Week 1 Jacksonville carries strong momentum into Liam Coen's second season after Trevor Lawrence and the offense surged late in 2025. Continuity and an explosive attack make the Jaguars a serious AFC...
#15  LAC	ARI at LAC  Arizona Cardinals Power Rank #26 Entering Week 1 Arizona has assembled an intriguing group of weapons around its quarterbacks, including Trey McBride, Marvin Harrison Jr., and rookie Jeremiah Love. Protection and defensive consistency will decide...	LAC favored by 10.5 pts  Los Angeles Chargers Power Rank #17 Entering Week 1 Mike McDaniel's arrival should add creativity to a deep backfield and a Justin Herbert-led offense. The Chargers can make a jump if their offensive line stays healthy and gives the new system time to work.
#14  PHI	WAS at PHI  Washington Commanders Power Rank #29 Entering Week 1 Washington added Stefon Diggs, but its season depends on Jayden Daniels returning healthy and staying available. A rebuilt defense and the loss of Laremy Tunsil create significant pressure on both sides...	PHI favored by 4.5 pts  Philadelphia Eagles Power Rank #4 Entering Week 1 Philadelphia enters 2026 with a refreshed offense under coordinator Sean Mannion and enough defensive depth to withstand early injuries. The roster remains talented enough to rebound and contend for the...
#13  DET	NO at DET  New Orleans Saints Power Rank #21 Entering Week 1 New Orleans enters Kellen Moore's second season with Tyler Shough established at quarterback and encouraging late-2025 momentum. Thin depth along both lines is the largest obstacle in a wide-open...	DET favored by 7 pts  Detroit Lions Power Rank #14 Entering Week 1 Detroit remains dangerous when its offensive line controls games, and keeping Jahmyr Gibbs secured the offense's centerpiece. Injuries and transition up front will determine whether the Lions return to the...
#12  LA	SF vs LA  San Francisco 49ers Power Rank #16 Entering Week 1 San Francisco has enough proven talent to outperform this ranking, but another wave of injuries has already tested its depth. The 49ers' ceiling depends heavily on the health of George Kittle and a...	LA favored by 3.5 pts  Los Angeles Rams Power Rank #1 Entering Week 1 The Rams enter the season with a championship-caliber roster led by reigning MVP Matthew Stafford. Adding Myles Garrett to an already imposing defense gives Los Angeles the league's highest ceiling...
#11  CIN	TB at CIN  Tampa Bay Buccaneers Power Rank #22 Entering Week 1 Tampa Bay still has enough talent to compete in the division, but contract tension and the departures of veteran leaders have clouded the outlook. The Buccaneers need stability before they can be...	CIN favored by 3.5 pts  Cincinnati Bengals Power Rank #8 Entering Week 1 Cincinnati invested heavily in fixing its defense, and early camp results have been encouraging. If Joe Burrow stays healthy, the Bengals have the offensive firepower to return to the conference's...
#10  BAL	BAL at IND  Baltimore Ravens Power Rank #6 Entering Week 1 Lamar Jackson still leads a dangerous offense, and Trey Hendrickson gives Baltimore the proven edge threat it lacked. The ceiling is high if the rebuilt interior line settles in and Jesse Minter restores the...	BAL favored by 3.5 pts  Indianapolis Colts Power Rank #19 Entering Week 1 Daniel Jones is back after the injury that derailed a promising 2025 season, and Jonathan Taylor remains supported by a strong line. A thinner receiving corps is the primary concern for an otherwise...
#9  DAL	DAL at NYG  Dallas Cowboys Power Rank #11 Entering Week 1 Dallas paired an explosive offense with an aggressive defensive overhaul led by new coordinator Christian Parker. If the new pieces come together quickly, the Cowboys have the profile of a surprise...	DAL favored by 2.5 pts  New York Giants Power Rank #27 Entering Week 1 Jaxon Dart and Cam Skattebo return for John Harbaugh's first season, while the defense looks improved on paper. Questions at receiver and within a new offensive structure keep the Giants in the...

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#8  SEA	NE at SEA New England Patriots Power Rank #12 Entering Week 1 The reigning AFC champions lost several important contributors, but Drake Maye remains the centerpiece of a talented offense. A.J. Brown and offensive-line reinforcements give New England a chance to...	SEA favored by 3.5 pts  Seattle Seahawks Power Rank #3 Entering Week 1 The defending champions still have the defensive identity and offensive continuity to challenge for another title. Backfield injuries and offseason departures create questions, but Seattle remains firmly...
#7  CHI	CHI at CAR Chicago Bears Power Rank #10 Entering Week 1 Chicago's upward trajectory remains clear, but injuries in the secondary and receiving corps have created early concern. The Bears still have enough talent to contend if those units regain their health.	CHI favored by 2.5 pts  Carolina Panthers Power Rank #23 Entering Week 1 The defending NFC South champions have already absorbed several important injuries, especially around the offensive line. Added tackle depth helps, but Carolina enters Week 1 with less margin for error...
#6  TEN	NYJ at TEN New York Jets Power Rank #30 Entering Week 1 Geno Smith has energized the offense in camp, but injuries and uncertainty on defense could force the Jets to win higher-scoring games. The roster has upside, though its margin for error remains...	TEN favored by 3 pts  Tennessee Titans Power Rank #24 Entering Week 1 Cam Ward is positioned for a second-year leap with Brian Daboll coordinating the offense and rookie Carnell Tate joining the receiving corps. Tennessee is improving, though its rebuilt defense still has...
#5  PIT	ATL at PIT Atlanta Falcons Power Rank #25 Entering Week 1 The Falcons have enough skill-position talent to climb, but their quarterback situation remains unsettled as Michael Penix Jr. and Tua Tagovailoa work through health concerns. Losing Jalon Walker also...	PIT favored by 3 pts  Pittsburgh Steelers Power Rank #20 Entering Week 1 Mike McCarthy begins his first season in Pittsburgh with a roster capable of staying in the playoff race. Michael Pittman Jr. helps the passing game, but the season still depends on what Aaron Rodgers...
#4  LV	MIA at LV Miami Dolphins Power Rank #32 Entering Week 1 Miami is beginning a major rebuild after losing several top offensive and defensive contributors. De'Von Achane remains a dynamic weapon, but Malik Willis faces a difficult first season as the full-time...	LV favored by 3.5 pts  Las Vegas Raiders Power Rank #31 Entering Week 1 Las Vegas has a bridge quarterback in Kirk Cousins and a long-term option in top pick Fernando Mendoza. A rebuilt line and thin receiving corps suggest the Raiders may need time before their offseason...
#3  BUF	BUF at HOU Buffalo Bills Power Rank #5 Entering Week 1 Josh Allen and James Cook keep Buffalo's offense in the championship conversation as Joe Brady moves into the head-coaching role. The defense has a few questions, but the Bills...	BUF favored by 1.5 pts  Houston Texans Power Rank #9 Entering Week 1 Houston's excellent defense provides a playoff-ready foundation. The next step depends on C.J. Stroud, a reworked offensive line, and a deeper running game producing more consistent offense.
#2  DEN	DEN at KC Denver Broncos Power Rank #2 Entering Week 1 Denver returns most of the core from a 14-win team and added Jaylen Waddle to an offense that should be more dangerous. With Bo Nix back and a deep defense intact, the Broncos look like one of the...	KC favored by 3 pts  Kansas City Chiefs Power Rank #15 Entering Week 1 Patrick Mahomes' return to full practice restores optimism after his knee injury. Kansas City still has questions at receiver and in a rebuilt secondary, but a healthy Mahomes keeps the Chiefs in the...
#1  MIN	GB at MIN Green Bay Packers Power Rank #13 Entering Week 1 Green Bay has the talent to rebound after reshaping parts of the roster and defensive scheme. The Packers' early outlook hinges on several key players returning cleanly from significant injuries.	MIN favored by 1.5 pts  Minnesota Vikings Power Rank #18 Entering Week 1 Minnesota won nine games despite unstable quarterback play and now turns to Kyler Murray. If Murray revives the passing game with Justin Jefferson, the Vikings can rise quickly in a loaded NFC North.

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