

Pick'em with Confidence Points

2026 WEEK 6 | STANDARD EXPERT PICKS

Page 1 of 2 | Times Eastern

Highest confidence first. Last 4 is newest first. Records are entering the week.

#16



ARI at LA

Sun Oct 18 - 4:05 PM ET



Arizona Cardinals

Record 1-4 | PR #29 | Consensus Avg 28.00

LAST 4 L 21-45 DET L 24-36 NYG L 30-36 SF L 7-31 SEA

Conner remains on IR; repeated stalled drives leave too much for the defense.

LA favored by 12.5 pts



Los Angeles Rams

Record 2-3 | PR #9 | Consensus Avg 10.00

LAST 4 L 34-37 BUF W 24-20 PHI L 26-30 DEN W 28-6 NYG

Offense is producing; finishing and Garrett's knee recovery remain key concerns.

PICK

#15



LAC at KC

Sun Oct 18 - 4:25 PM ET



Los Angeles Chargers

Record 0-5 | PR #30 | Consensus Avg 30.00

LAST 4 L 17-23 DEN L 23-30 SEA L 16-24 BUF L 14-26 LV

McConkey's foot limited him to emergency availability; Herbert needs reliable help.

KC favored by 8.5 pts



Kansas City Chiefs

Record 4-0 | PR #2 | Consensus Avg 2.00

LAST 4 W 30-27 LV W 24-10 MIA W 33-30 IND W 31-10 DEN

Rice's hamstring remains a watch item; Walker anchors the post-by attack.

PICK

#14



WAS at SF

Mon Oct 19 - 8:15 PM ET



Washington Commanders

Record 1-3-1 | PR #26 | Consensus Avg 26.50

LAST 4 T 27-27 NYG L 13-30 IND W 33-31 SEA L 20-37 DAL

Daniels returned with his elbow brace; late-game execution still needs repair.

SF favored by 7.5 pts



San Francisco 49ers

Record 5-0 | PR #1 | Consensus Avg 1.00

LAST 4 W 32-29 SEA W 24-14 DEN W 36-30 ARI W 35-13 MIA

Deebo's hamstring absence tests an unbeaten team's receiving depth.

PICK

#13



NYJ at NE

Sun Oct 18 - 1:00 PM ET



New York Jets

Record 2-3 | PR #25 | Consensus Avg 26.00

LAST 4 W 17-12 CLE L 12-23 CHI L 24-31 DET L 17-20 GB

Hall's availability matters after Allen and Wilson carried a depleted offense.

NE favored by 7.5 pts



New England Patriots

Record 3-2 | PR #11 | Consensus Avg 11.00

LAST 4 W 45-17 LV W 29-26 BUF L 6-35 JAX W 20-33 PIT

Henderson and Campbell injuries force rushing and protection adjustments.

PICK

#12



TEN at IND

Sun Oct 18 - 1:00 PM ET



Tennessee Titans

Record 0-5 | PR #31 | Consensus Avg 31.00

LAST 4 L 3-26 HOU L 18-24 BAL L 7-12 NYG L 20-24 PHI

Ward needs a sustained-drive response; Flott's chest injury adds a defensive concern.

IND favored by 7 pts



Indianapolis Colts

Record 2-3 | PR #23 | Consensus Avg 23.50

LAST 4 L 22-34 PIT W 30-13 WAS W 19-17 HOU L 30-33 KC

Warren provides a bright spot; red-zone execution must improve against Tennessee.

PICK

#11



BAL at CLE

Sun Oct 18 - 1:00 PM ET



Baltimore Ravens

Record 4-1 | PR #5 | Consensus Avg 5.00

LAST 4 W 30-23 ATL W 24-18 TEN W 34-31 DAL L 17-24 NO

Lamar's ankle remains unresolved; Huntley's Atlanta win supplies a fallback.

BAL favored by 4.5 pts



Cleveland Browns

Record 3-2 | PR #21 | Consensus Avg 20.50

LAST 4 L 12-17 NYJ W 27-24 PIT W 21-18 CAR W 23-19 TB

Judkins' ankle and Sanders' hip cloud a backfield needed against Baltimore.

PICK

#10



BUF at LV

Sun Oct 18 - 4:25 PM ET



Buffalo Bills

Record 4-1 | PR #3 | Consensus Avg 4.00

LAST 4 W 37-34 LA L 26-29 NE W 24-16 LAC W 41-31 DET

Moore and Palmer shoulder concerns leave more on Allen after the OT escape.

BUF favored by 5.5 pts



Las Vegas Raiders

Record 3-2 | PR #14 | Consensus Avg 15.00

LAST 4 L 17-45 NE L 27-30 KC W 35-27 NO W 26-14 LAC

Jeanty's ankle/foot concerns persist as the defense prepares for Josh Allen.

PICK

Logo beside each number = expert pick. "Favored by" describes the market line.

The Odds Lines are for reference only as they may have changed since publishing.

Consensus Average is the equal-weight mean of reviewed complete source rankings; lower is better.

Outlooks checked 2026-10-13; recheck injuries before kickoff. myfootballtoolbox.com/nfl/pickem/

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#9



HOU vs JAX

Sun Oct 18 - 9:30 AM ET

JAX favored by 3 pts



Houston Texans

Record 1-4 | PR #24 | Consensus Avg 23.50

LAST 4 W 26-3 TEN L 30-34 DAL L 17-19 IND L 6-20 CIN

Montgomery is week-to-week; Marks' workload matters for the London follow-up.



Jacksonville Jaguars

Record 4-1 | PR #4 | Consensus Avg 4.50

LAST 4 W 19-17 PHI W 22-17 CIN W 35-6 NE L 13-20 DEN

Harrison's knee injury shifts Lawrence's blind-side protection to Little.

PICK

#8



PIT at TB

Sun Oct 18 - 1:00 PM ET

PIT favored by 2.5 pts



Pittsburgh Steelers

Record 3-2 | PR #15 | Consensus Avg 15.00

LAST 4 W 34-22 IND L 24-27 CLE W 30-27 CIN L 3-20 NE

Wilson and Skowronek are out; receiver shortages increase reliance on Warren.



Tampa Bay Buccaneers

Record 1-4 | PR #28 | Consensus Avg 27.50

LAST 4 W 24-16 DAL L 14-17 GB L 16-23 MIN L 19-23 CLE

Dallas win offers a reset; Pittsburgh's receiver injuries do not erase its run threat.

PICK

#7



CHI at ATL

Sun Oct 18 - 1:00 PM ET

CHI favored by 3 pts



Chicago Bears

Record 3-2 | PR #12 | Consensus Avg 11.50

LAST 4 L 7-31 GB W 23-12 NYJ W 27-7 PHI L 3-9 MIN

Caleb's hamstring recovery drives the outlook; a return is not yet confirmed.



Atlanta Falcons

Record 2-3 | PR #22 | Consensus Avg 21.50

LAST 4 L 23-30 BAL W 45-24 NO W 35-14 GB L 3-34 CAR

Penix's ribs make the passing outlook conditional until his progress is clearer.

PICK

#6



SEA at DEN

Thu Oct 15 - 8:15 PM ET

SEA favored by 3 pts



Seattle Seahawks

Record 3-2 | PR #7 | Consensus Avg 6.50

LAST 4 L 29-32 SF W 30-23 LAC L 31-33 WAS W 31-7 ARI

JSN's ankle is the key short-week watch; Monday's report was only an estimate.



Denver Broncos

Record 3-2 | PR #10 | Consensus Avg 11.00

LAST 4 W 23-17 LAC L 14-24 SF W 30-26 LA W 20-13 JAX

Surtain and Hufanga ankle concerns threaten coverage depth on a short week.

PICK

#5



DAL at GB

Sun Oct 18 - 8:20 PM ET

GB favored by 1.5 pts



Dallas Cowboys

Record 2-3 | PR #19 | Consensus Avg 18.50

LAST 4 L 16-24 TB W 34-30 HOU L 31-34 BAL W 37-20 WAS

Monitor Lamb's bruised quad; Overshown's hoped-for return is not clearance.



Green Bay Packers

Record 3-2 | PR #17 | Consensus Avg 16.00

LAST 4 W 31-7 CHI W 17-14 TB L 14-35 ATL W 20-17 NYJ

Hargrave is lost for the season; Parsons is not yet cleared to practice.

PICK

#4



NO at NYG

Sun Oct 18 - 1:00 PM ET

NO favored by 1.5 pts



New Orleans Saints

Record 1-4 | PR #27 | Consensus Avg 27.00

LAST 4 L 13-23 MIN L 24-45 ATL L 27-35 LV W 24-17 BAL

Tyson is not expected back at practice; routine offensive gains remain scarce.



New York Giants

Record 3-1-1 | PR #16 | Consensus Avg 16.00

LAST 4 T 27-27 WAS W 36-24 ARI W 12-7 TEN L 6-28 LA

Nabers powers the comeback threat; the Giants need control, not another rescue.

PICK

#3



CAR at PHI

Sun Oct 18 - 1:00 PM ET

PHI favored by 1.5 pts



Carolina Panthers

Record 2-2 | PR #18 | Consensus Avg 17.50

LAST 4 W 32-26 DET L 18-21 CLE W 34-3 ATL L 37-59 CHI

Fresh off the bye; Moton's practice window is progress, not game clearance.



Philadelphia Eagles

Record 2-3 | PR #20 | Consensus Avg 20.00

LAST 4 L 17-19 JAX L 20-24 LA L 7-27 CHI W 24-20 TEN

Barkley and Smith returns remain uncertain; Shipley's foot injury adds strain.

PICK

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