

Pick'em with Confidence Points

2026 WEEK 8 | STANDARD EXPERT PICKS

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Highest confidence first. Last 4 is newest first. Records are entering the week.

#16



TEN at CIN

Sun Nov 1 - 1:00 PM ET

Tennessee Titans

Record 1-6 | Power Rank #29

LAST 4 L 24-27 CLE W 26-20 IND L 3-26 HOU L 18-24 BAL

Tennessee remained competitive in a close defeat, but converting that effort into repeatable wins requires steadier execution. The next game will punish empty possessions and defensive lapses.

CIN favored by 10 pts

MFT Index #15.25



Cincinnati Bengals

Record 4-2 | Power Rank #8

LAST 4 W 35-13 BAL W 31-24 MIA L 17-22 JAX L 27-30 PIT

Cincinnati demonstrated how quickly an offense can turn a competitive game into a decisive result. The challenge is reproducing that control without needing a dramatic change in momentum.

PICK

#15



IND at JAX

Sun Nov 1 - 1:00 PM ET

Indianapolis Colts

Record 2-5 | Power Rank #28

LAST 4 L 10-16 MIN L 20-26 TEN L 22-34 PIT W 30-13 WAS

Indianapolis needs more reliable offensive possessions after another disappointing result. Trade discussion should not be treated as a completed roster change.

JAX favored by 7.5 pts

MFT Index #13.12



Jacksonville Jaguars

Record 4-2 | Power Rank #5

LAST 4 L 31-34 HOU W 19-17 PHI W 22-17 CIN W 35-6 NE

Jacksonville returns with a chance to establish control early against a struggling division opponent. The useful test is whether the offense can sustain that control across possessions.

PICK

#14



NE at MIA

Sun Nov 1 - 4:25 PM ET

New England Patriots

Record 4-3 | Power Rank #10

LAST 4 L 24-30 CHI W 26-19 NYJ W 45-17 LV W 29-26 BUF

New England remains competitive after a close defeat, with the next divisional game offering a useful response test. Sustained receiving opportunities matter more than an isolated score.

NE favored by 7.5 pts

MFT Index #12.38



Miami Dolphins

Record 1-5 | Power Rank #30

LAST 4 W 28-25 NYJ L 24-31 CIN L 10-15 MIN L 10-24 KC

Miami finally has a positive result to build on, while the season-long evidence still demands caution. Another divisional matchup will test whether the passing rhythm and supporting roles can hold up.

PICK

#13



LAC at LA

Sun Nov 1 - 4:05 PM ET

Los Angeles Chargers

Record 0-6 | Power Rank #32

LAST 4 L 6-22 KC L 17-23 DEN L 23-30 SEA L 16-24 BUF

The Chargers return from their bye still needing their first win and a more convincing overall response. One week away does not repair protection or availability automatically.

LA favored by 6.5 pts

MFT Index #10.00



Los Angeles Rams

Record 3-4 | Power Rank #18

LAST 4 W 35-21 LV L 16-18 ARI L 34-37 BUF W 24-20 PHI

A productive offensive result gives Los Angeles a platform for improvement, but the next game still requires balanced execution. Reliable rushing success can reduce pressure on the passing game.

PICK

#12



ARI at DAL

Sun Nov 1 - 1:00 PM ET

Arizona Cardinals

Record 2-5 | Power Rank #26

LAST 4 L 16-30 DEN W 18-16 LA L 21-45 DET L 24-36 NYG

Arizona needs a more dependable offensive response after being unable to keep pace at home. Quarterback decisions and protection will shape the next matchup.

DAL favored by 6 pts

MFT Index #7.00



Dallas Cowboys

Record 3-4 | Power Rank #22

LAST 4 W 38-21 PHI L 13-23 GB L 16-24 TB W 34-30 HOU

Dallas earned a divisional result that can create breathing room, but the defense still limits how comfortably it can control games. Sustained offensive possessions are essential.

PICK

#11



BAL at BUF

Sun Nov 1 - 1:00 PM ET

Baltimore Ravens

Record 4-3 | Power Rank #15

LAST 4 L 13-35 CIN L 10-13 CLE W 30-23 ATL W 24-18 TEN

Baltimore must respond to a game that escaped decisively after halftime. The answer requires more than assuming familiar offensive names will produce a rebound.

BUF favored by 3.5 pts

MFT Index #6.75



Buffalo Bills

Record 5-1 | Power Rank #2

LAST 4 W 33-30 LV W 37-34 LA L 26-29 NE W 24-16 LAC

A week away allows Buffalo to reset without treating movement in the rankings as an on-field achievement. Baltimore will demand sound coverage and disciplined possessions.

PICK

#10



CAR at GB

Thu Oct 29 - 8:15 PM ET

Carolina Panthers

Record 3-3 | Power Rank #19

LAST 4 L 13-43 TB W 25-14 PHI W 32-26 DET L 18-21 CLE

A heavy defeat makes defensive resistance and possession quality immediate priorities. Carolina must avoid allowing another opponent to dictate the entire game.

GB favored by 3.5 pts

MFT Index #4.75



Green Bay Packers

Record 4-3 | Power Rank #14

LAST 4 L 17-20 DET W 23-13 DAL W 31-7 CHI W 17-14 TB

A narrow loss creates an immediate execution test rather than evidence that the season has changed direction completely. Green Bay must improve the possessions that decide close games.

PICK

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Outlooks checked 2026-10-27; recheck injuries before kickoff. myfootballtoolbox.com/nfl/pickem/

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#9 	CHI at SEA Mon Nov 2 - 8:15 PM ET Chicago Bears Record 5-2 Power Rank #9 LAST 4 W 30-24 NE W 31-23 ATL L 7-31 GB W 23-12 NYJ Chicago is finding enough offense to win close games, but a narrow margin leaves little room for avoidable mistakes. The upcoming opponent will test protection and drive consistency.	SEA favored by 3.5 pts MFT Index #4.25 Seattle Seahawks PICK Record 4-3 Power Rank #6 LAST 4 W 20-3 KC L 14-17 DEN L 29-32 SF W 30-23 LAC Holding a strong opponent to a field goal provides a meaningful defensive benchmark. Seattle now needs the offense to preserve that advantage with stable possessions.
#8 W	PHI at WAS Sun Nov 1 - 8:20 PM ET Philadelphia Eagles Record 2-5 Power Rank #25 LAST 4 L 21-38 DAL L 14-25 CAR L 17-19 JAX L 20-24 LA Philadelphia must operate with a narrower offensive margin while availability remains unsettled. The next divisional matchup makes sustained possessions and protection especially important.	WAS favored by 4.5 pts MFT Index #3.96 Washington Commanders PICK Record 1-4-1 Power Rank #27 LAST 4 L 17-23 SF T 27-27 NYG L 13-30 IND W 33-31 SEA Washington returns from its bye with a divisional opportunity and important receiving-role questions. A change in target availability creates possibilities, not guarantees.
#7 	LV at NYJ Sun Nov 1 - 1:00 PM ET Las Vegas Raiders PICK Record 3-4 Power Rank #23 LAST 4 L 21-35 LA L 30-33 BUF L 17-45 NE L 27-30 KC Las Vegas must improve the possessions that keep its defense exposed. The next opponent provides another test of whether the passing game can maintain rhythm without relying on desperate late production.	LV favored by 1.5 pts MFT Index #3.50 New York Jets Record 2-5 Power Rank #31 LAST 4 L 25-28 MIA L 19-26 NE W 17-12 CLE L 12-23 CHI The Jets generated enough offense to create individual fantasy interest but still lost a close divisional game. The next step is linking that production with cleaner possessions and defensive support.
#6 	CLE at PIT Sun Nov 1 - 1:00 PM ET Cleveland Browns Record 5-2 Power Rank #12 LAST 4 W 27-24 TEN W 13-10 BAL L 12-17 NYJ W 27-24 PIT Cleveland has enough offensive production to remain dangerous, yet another close finish reinforces the value of reducing mistakes. A division matchup will test whether emerging receiving and backfield roles remain stable.	PIT favored by 3.5 pts MFT Index #3.22 Pittsburgh Steelers PICK Record 5-2 Power Rank #13 LAST 4 W 16-10 NO W 26-19 TB W 34-22 IND L 24-27 CLE A road win supplies momentum without erasing the need for offensive consistency. Pittsburgh can support several useful fantasy roles, but production must be assessed against their shared opportunity.
#5 	KC at DEN Sun Nov 1 - 4:25 PM ET Kansas City Chiefs PICK Record 5-1 Power Rank #4 LAST 4 L 3-20 SEA W 22-6 LAC W 30-27 LV W 24-10 MIA A low-scoring defeat makes offensive flexibility the central question. Kansas City needs a more reliable answer when the running game cannot dictate the evening.	KC favored by 1.5 pts MFT Index #2.23 Denver Broncos Record 5-2 Power Rank #7 LAST 4 W 30-16 ARI W 17-14 SEA W 23-17 LAC L 14-24 SF Denver earned a convincing road result while its backfield remains a workload question worth watching. A successful team performance does not settle the distribution of future touches.
#4 	ATL at TB Sun Nov 1 - 1:00 PM ET Atlanta Falcons Record 3-4 Power Rank #16 LAST 4 W 29-20 SF L 23-31 CHI L 23-30 BAL W 45-24 NO Atlanta produced a meaningful upset by sustaining enough offense to challenge an unbeaten opponent. The next step is consistency: the same discipline must survive a different defensive plan.	TB favored by 2.5 pts MFT Index #1.48 Tampa Bay Buccaneers PICK Record 2-5 Power Rank #20 LAST 4 W 43-13 CAR L 19-26 PIT W 24-16 DAL L 14-17 GB An explosive scoring performance offers evidence of offensive upside, without establishing a dependable weekly floor. Tampa Bay now needs to connect that ceiling with steadier possessions and defensive support.
#3 	MIN at DET Sun Nov 1 - 1:00 PM ET Minnesota Vikings Record 6-0 Power Rank #1 LAST 4 W 16-10 IND W 23-13 NO W 15-10 MIA W 23-16 TB The unbeaten record now carries the weight of league-wide expectation.	DET favored by 3 pts MFT Index #0.49 Detroit Lions PICK Record 4-2 Power Rank #11 LAST 4 W 20-17 GB W 45-21 ARI L 26-32 CAR W 31-24 NYJ Winning a close divisional game is a useful result, but the next challenge demands another level of offensive discipline. Detroit should avoid treating one successful finish as proof that every possession problem is resolved.

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