Pick'em with Confidence Points

2026 WEEK 9 | STANDARD EXPERT PICKS

Highest confidence first. Last 4 is newest first. Records are entering the week.

#16

NYJ at KC — Sun Nov 8 - 1:00 PM ET

KC favored by 9.5 pts — **MFT Index #15.25**

New York Jets
Record 2-6 | Power Rank #31
LAST 4 L 33-38 LV | L 25-28 MIA | L 19-26 NE | W 17-12 CLE

The Jets face a demanding road trip after a game in which scoring alone was insufficient. Kansas City will test both defensive discipline and the ability to sustain offense.

Kansas City Chiefs — PICK
Record 5-2 | Power Rank #8
LAST 4 L 24-28 DEN | L 3-20 SEA | W 22-6 LAC | W 30-27 LV

Kansas City has to convert its standing into more reliable finishes.

#15

ARI at SEA — Sun Nov 8 - 4:25 PM ET

SEA favored by 10.5 pts — **MFT Index #14.36**

Arizona Cardinals
Record 3-5 | Power Rank #23
LAST 4 W 33-30 DAL | L 16-30 DEN | W 18-16 LA | L 21-45 DET

Arizona carries a productive result into a divisional road game, but its backfield outlook requires updated availability checks. A large recent rushing return is evidence of opportunity, not a guaranteed repeat.

Seattle Seahawks — PICK
Record 4-4 | Power Rank #7
LAST 4 L 17-34 CHI | W 20-3 KC | L 14-17 DEN | L 29-32 SF

Seattle faces a divisional game in which control of possessions can matter as much as explosive plays. Arizona offers no guarantee of a recovery result.

#14

LV at SF — Sun Nov 8 - 4:05 PM ET

SF favored by 10 pts — **MFT Index #14.00**

Las Vegas Raiders
Record 4-4 | Power Rank #18
LAST 4 W 38-33 NYJ | L 21-35 LA | L 30-33 BUF | L 17-45 NE

Las Vegas can build on a productive result while recognizing that San Francisco poses a different challenge. Recent backfield usage is worth tracking, but one game does not establish every future touch.

San Francisco 49ers — PICK
Record 6-1 | Power Rank #2
LAST 4 L 20-29 ATL | W 23-17 WAS | W 32-29 SEA | W 24-14 DEN

San Francisco returns from a week off with a chance to reset its offensive approach.

#13

JAX at BAL — Thu Nov 5 - 8:15 PM ET

JAX favored by 9.5 pts — **MFT Index #13.75**

Jacksonville Jaguars — PICK
Record 5-2 | Power Rank #3
LAST 4 W 42-7 IND | L 31-34 HOU | W 19-17 PHI | W 22-17 CIN

Jacksonville has earned attention near the top, but a decisive divisional result should not make the next opponent automatic.

Baltimore Ravens
Record 4-4 | Power Rank #20
LAST 4 L 10-36 BUF | L 13-35 CIN | L 10-13 CLE | W 30-23 ATL

Baltimore has substantial uncertainty to resolve before the Jacksonville matchup. The current injury snapshot makes quarterback availability especially relevant, and projections should be conditional.

#12

DET at MIA — Sun Nov 8 - 1:00 PM ET

DET favored by 7 pts — **MFT Index #11.75**

Detroit Lions — PICK
Record 5-2 | Power Rank #9
LAST 4 W 19-15 MIN | W 20-17 GB | W 45-21 ARI | L 26-32 CAR

Detroit can take confidence from its latest result without assuming that the next matchup will follow the same script.

Miami Dolphins
Record 1-6 | Power Rank #28
LAST 4 L 19-24 NE | W 28-25 NYJ | L 24-31 CIN | L 10-15 MIN

Miami faces Detroit with an opportunity to test its developing offensive options. Explosive production can be useful without establishing a secure weekly floor.

#11

TB at CHI — Sun Nov 8 - 8:20 PM ET

CHI favored by 6 pts — **MFT Index #9.25**

Tampa Bay Buccaneers
Record 3-5 | Power Rank #17
LAST 4 W 16-0 ATL | W 43-13 CAR | L 19-26 PIT | W 24-16 DAL

Tampa Bay travels to Chicago with a useful test of how its preferred offensive approach holds against a confident opponent. Efficient early possessions would help preserve flexibility.

Chicago Bears — PICK
Record 6-2 | Power Rank #4
LAST 4 W 34-17 SEA | W 30-24 NE | W 31-23 ATL | L 7-31 GB

Chicago has a valuable opportunity to turn a convincing road result into sustained home-field momentum.

#10

LA at WAS — Sun Nov 8 - 1:00 PM ET

LA favored by 5.5 pts — **MFT Index #7.75**

Los Angeles Rams — PICK
Record 4-4 | Power Rank #16
LAST 4 W 24-9 LAC | W 35-21 LV | L 16-18 ARI | L 34-37 BUF

The Rams have an opportunity to keep building without treating improvement as settled. Washington requires another disciplined road performance.

Washington Commanders
Record 2-4-1 | Power Rank #25
LAST 4 W 27-10 PHI | L 17-23 SF | T 27-27 NYG | L 13-30 IND

Washington has an opportunity to build from a divisional result while adapting its receiving distribution. The Rams present a different defensive challenge.

#9

DAL at IND — Sun Nov 8 - 1:00 PM ET

DAL favored by 6 pts — **MFT Index #7.50**

Dallas Cowboys — PICK
Record 3-5 | Power Rank #24
LAST 4 L 30-33 ARI | W 38-21 PHI | L 13-23 GB | L 16-24 TB

Dallas needs to turn competitive stretches into a complete result. Indianapolis provides a new matchup, but the Cowboys cannot rely on an opponent ranking to solve their own consistency problems.

Indianapolis Colts
Record 2-6 | Power Rank #30
LAST 4 L 7-42 JAX | L 10-16 MIN | L 20-26 TEN | L 22-34 PIT

Indianapolis needs a more competitive performance before its offensive opportunities become easier to trust. Dallas presents another chance to evaluate usage.

Logo beside each number = expert pick. "Favored by" describes the market line.
The Odds Lines are for reference only as they may have changed since publishing.
MFT Confidence Index is a proprietary relative pick-strength rating; higher means stronger confidence.

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#8

HOU at LAC — Sun Nov 8 - 4:05 PM ET

Houston Texans PICK
Record 2-5 | Power Rank #21
LAST 4 L 21-27 NYG W 34-31 JAX W 26-3 TEN L 30-34 DAL
Houston returns from a bye with a chance to improve its position against a struggling opponent. That opportunity still requires execution.

HOU favored by 4.5 pts — MFT Index #7.25

Los Angeles Chargers
Record 0-7 | Power Rank #32
LAST 4 L 9-24 LA L 6-22 KC L 17-23 DEN L 23-30 SEA
The Chargers return home seeking a performance that changes the direction of their season. Houston also needs a result, so neither side should assume the matchup solves its problems.

#7

NYG at PHI — Sun Nov 8 - 1:00 PM ET

New York Giants PICK
Record 4-2-1 | Power Rank #15
LAST 4 W 27-21 HOU L 27-34 NO T 27-27 WAS W 36-24 ARI
The Giants return from their bye to a divisional matchup where familiarity can narrow apparent advantages. They should focus on sustainable offense and current personnel availability.

NYG favored by 3.5 pts — MFT Index #6.93

Philadelphia Eagles
Record 2-6 | Power Rank #29
LAST 4 L 10-27 WAS L 21-38 DAL L 14-25 CAR L 17-19 JAX
Philadelphia needs a convincing response against a familiar opponent. The Giants return rested, making early execution important.

#6

DEN at CAR — Sun Nov 8 - 1:00 PM ET

Denver Broncos PICK
Record 6-2 | Power Rank #5
LAST 4 W 28-24 KC W 30-16 ARI W 17-14 SEA W 23-17 LAC
Denver leaves a close divisional contest with an opportunity to build consistency.

DEN favored by 2.5 pts — MFT Index #6.75

Carolina Panthers
Record 3-4 | Power Rank #22
LAST 4 L 19-27 GB L 13-43 TB W 25-14 PHI W 32-26 DET
Carolina needs to make its home matchup more competitive through possession quality and limiting costly mistakes. Denver presents a meaningful challenge.

#5

CIN vs ATL — Sun Nov 8 - 9:30 AM ET

Cincinnati Bengals PICK
Record 5-2 | Power Rank #10
LAST 4 W 43-36 TEN W 35-13 BAL W 31-24 MIA L 17-22 JAX
Cincinnati should welcome the offensive opportunities that a competitive game creates while recognizing the cost of allowing repeated answers. Atlanta is another chance to improve balance.

CIN favored by 3 pts — MFT Index #5.25

Atlanta Falcons
Record 3-5 | Power Rank #19
LAST 4 L 0-16 TB W 29-20 SF L 23-31 CHI L 23-30 BAL
Atlanta needs a more reliable week-to-week performance before its position can stabilize. Cincinnati offers a test of whether the offense can answer scoring pressure without sacrificing possession quality.

#4

BUF at MIN — Mon Nov 9 - 8:15 PM ET

Buffalo Bills PICK
Record 6-1 | Power Rank #1
LAST 4 W 36-10 BAL W 33-30 LV W 37-34 LA L 26-29 NE
Buffalo can justify the top spot by sustaining complete possessions rather than relying on isolated scoring bursts.

BUF favored by 3.5 pts — MFT Index #4.75

Minnesota Vikings
Record 6-1 | Power Rank #6
LAST 4 L 15-19 DET W 16-10 IND W 23-13 NO W 15-10 MIA
Minnesota now has a direct opportunity to respond against the consensus leader. An unbeaten start never removed the need for offensive adjustments, and a setback does not erase the earlier work.

#3

GB at NE — Sun Nov 8 - 4:25 PM ET

Green Bay Packers
Record 5-3 | Power Rank #13
LAST 4 W 27-19 CAR L 17-20 DET W 23-13 DAL W 31-7 CHI
Green Bay enters a road matchup that demands patience when scoring opportunities are limited. Sustaining drives and avoiding empty possessions would make its offensive talent more dependable.

NE favored by 2.5 pts — MFT Index #2.75

New England Patriots PICK
Record 5-3 | Power Rank #12
LAST 4 W 24-19 MIA L 24-30 CHI W 26-19 NYJ W 45-17 LV
New England has another opportunity to demonstrate that its recent results can hold against a different offensive opponent. Green Bay makes possession quality important.

#2

CLE at NO — Sun Nov 8 - 1:00 PM ET

Cleveland Browns PICK
Record 5-3 | Power Rank #14
LAST 4 L 6-27 PIT W 27-24 TEN W 13-10 BAL L 12-17 NYJ
Cleveland needs to recover the quality of its possessions after a difficult divisional result. New Orleans is a different matchup, but a change of opponent alone is insufficient.

NO favored by 2.5 pts — MFT Index #0.50

New Orleans Saints
Record 2-5 | Power Rank #26
LAST 4 L 10-16 PIT W 34-27 NYG L 13-23 MIN L 24-45 ATL
New Orleans returns from its bye with a chance to improve against Cleveland. The rest period offers preparation rather than guaranteed health.

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