



Dallas Cowboys @ New York Jets

MyFootballToolbox.com Game Day Preview



COWBOYS

Record: 1-3 Odds: +1.5 O/U: 48.5 Power Ranking #20 Moneyline: -105 Sunday 10/05/2025 10:00AM PST

wk1: DAL 20 @ 24 PHI wk2: NYG 37 @ 40 DAL wk3: DAL 14 @ 31 CHI
wk4: GB 40 @ 40 DAL

When does a tie feel as good as a win? When it's the Cowboys rallying to draw even with the Packers, just as they did on Sunday night. Fortunately for them, the Cowboys face a less challenging schedule in the upcoming games.

Head Coach: Brian Schottenheimer

Off. Coord: Klayton Adams

Def. Coord: Matt Eberflus

Changes This Year: The Cowboys fortified their roster in 2025 with key moves including signing OT La'el Collins and OG Geron Christian, while extending OT Tyler Smith through 2030. They added several players to their practice squad such as QB Will Grier and CB Robert Rochell to maintain depth. The team traded star LB Micah Parsons for NT Kenny Clark but continues to rely on a strong core led by Dak Prescott at QB.

Pos	Stat	No	Name	Exp	YrsTm	Contract	ADP	PreRank	Rank	PrevTeams
QB	ACT	#4	Dak Prescott	9			101	QB#11		
QB	ACT	#10	Joe Milton III	1			298	QB#39		
RB	ACT	#40	Hunter Luepke	2			0	RB#148		
RB	ACT	#33	Javonte Williams	4			106	RB#36		
RB	ACT	#23	Jaydon Blue	0			158	RB#44		
RB	RES	#37	Phil Mafah	0			0	RB#129		
WR	ACT	#3	George Pickens	3			63	WR#30		
WR	ACT	#83	Jalen Brooks	2			0	WR#234		
WR	ACT	#1	Jalen Tolbert	3			0	WR#111		
WR	RES	#81	Jonathan Mingo	2			488	WR#208		
WR	ACT	#19	Ryan Flournoy	1			0	WR#295		
TE	ACT	#89	Brevyn Spann-Ford	1			0	TE#141		
TE	ACT	#87	Jake Ferguson	3			132	TE#15		
TE	ACT	#86	Luke Schoonmaker	2			313	TE#52		
K	ACT	#17	Brandon Aubrey	3			104	K#1		

DB #38	Alijah Clark	DL #53	James Houston	OL #67	Brock Hoffman
DB #29	C.J. Goodwin	DL #95	Kenny Clark	OL #75	Hakeem Adeniji
DB #26	DaRon Bland	DL #58	Mazi Smith	OL #71	Nathan Thomas
DB #6	Donovan Wilson	DL #97	Osa Odighizuwa	OL #66	TJ Bass
DB #2	Juanyeh Thomas	DL #54	Sam Williams	OL #78	Terence Steele
DB #20	Kaiir Elam	DL #90	Solomon Thomas	OL #76	Trevor Keegan
DB #14	Markquese Bell	LB #18	Damone Clark	OL #73	Tyler Smith
DB #27	Reddy Steward	LB #57	Jack Sanborn	P #5	Bryan Anger
DB #7	Trevon Diggs	LB #59	Kenneth Murray, Jr.		
DB #25	Trikweze Bridges	LB #35	Marist Liufau		
DL #13	Dante Fowler Jr.	LB #50	Shemar James		
DL #41	Donovan Ezeiruaku	LS #44	Trent Sieg		
DL #42	Jadeveon Clowney	OL #69	Ajani Cornelius		

2024 Draft

1.29: Tyler Guyton, OL, Oklahoma
2.56: Marshawn Kneeland, DL, Western Michigan
3.73: Cooper Beebe, OL, Kansas St.
3.87: Marist Liufau, LB, Notre Dame
5.174: Caelen Carson, DB, Wake Forest
6.216: Ryan Flournoy, WR, SE Missouri St.
7.233: Nathan Thomas, OL, Louisiana
7.244: Justin Rogers, DL, Auburn

2023 Draft

1.26: Mazi Smith, DL, Michigan
2.58: Luke Schoonmaker, TE, Michigan
3.90: DeMarion Overhown, LB, Texas
4.129: Viliami Fehoko, DL, San Jose St.
5.169: Asim Richards, OL, North Carolina
6.178: Eric Scott, DB, Southern Miss
6.212: Deuce Vaughn, RB, Kansas St.
7.244: Jalen Brooks, WR, South Carolina

2022 Draft

1.24: Tyler Smith, OL, Tulsa
2.56: Sam Williams, DE, Mississippi
3.88: Jalen Tolbert, WR, South Alabama
4.129: Jake Ferguson, TE, Wisconsin
5.155: Matt Waletzko, OL, North Dakota
5.167: DaRon Bland, DB, Fresno St.
5.176: Damone Clark, LB, LSU
5.178: John Ridgeway, DT, Arkansas
6.193: Devin Harper, LB, Oklahoma St.



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JETS

Record: 0-4 Odds: -1.5 O/U: 48.5 Power Ranking #31 Moneyline: -115 Sunday 10/05/2025 10:00AM PST

wk1: PIT 34 @ 32 NYJ wk2: BUF 30 @ 10 NYJ wk3: NYJ 27 @ 29 TB
wk4: NYJ 21 @ 27 MIA

The Jets have shown a lack of discipline, struggling with tackling, accumulating numerous penalties, and frequently turning the ball over. It's not an ideal beginning for head coach Aaron Glenn.

Head Coach: Aaron Glenn
Off. Coord: Tanner Engstrand
Def. Coord: Steve Wilks

Changes This Year: The Jets enter 2025 with Aaron Glenn as head coach, betting on Justin Fields to lead the offense after signing him in free agency. They extended Sauce Gardner with a long-term deal at cornerback and added Brandon Stephens to bolster the secondary. On offense, they shuffled the line—bringing in Chukwuma Okorafor and Josh Myers—and cleared salary room, while reengineering the coaching staff

Pos	Stat	No	Name	Exp	YrsTm	Contract	ADP	PreRank	Rank	PrevTeams
QB	ACT	#7	Justin Fields	4			118	QB#13		
QB	ACT	#2	Tyrod Taylor	14			0	QB#95		
RB	ACT	#47	Andrew Beck	6			492	RB#100		
RB	ACT	#39	Avery Williams	4			379	RB#133		
RB	RES	#0	Braelon Allen	1			160	RB#47		
RB	ACT	#20	Breece Hall	3			51	RB#16		
RB	ACT	#32	Isaiah Davis	1			0	RB#150		
RB	ACT	#36	Khalil Herbert	4			321	RB#101		
WR	ACT	#10	Allen Lazard	7			0	WR#123		
WR	ACT	#82	Arian Smith	0			452	WR#205		
WR	ACT	#5	Garrett Wilson	3			41	WR#17		
WR	RES	#19	Irvin Charles	3			0	WR#323		
WR	ACT	#83	Josh Reynolds	8			0	WR#170		
WR	ACT	#16	Tyler Johnson	5			0	WR#222		
TE	ACT	#89	Jeremy Ruckert	3			421	TE#83		
TE	ACT	#85	Mason Taylor	0			0	TE#27		
K	ACT	#6	Nick Folk	18			243	K#28		

DB #8 Andre Cisco	DL #91 Jowon Briggs	OL #66 Joe Tippmann
DB #23 Azareye'h Thomas	DL #72 Micheal Clemons	OL #76 John Simpson
DB #21 Brandon Stephens	DL #95 Quinnen Williams	OL #71 Josh Myers
DB #35 Dean Clark	DL #94 Tyler Baron	OL #61 Max Mitchell
DB #26 Isaiah Oliver	DL #9 Will McDonald IV	OL #74 Olumuyiwa Fashanu
DB #29 Jarvis Brownlee Jr.	LB #43 Cam Jones	OL #65 Xavier Newman-Johnson
DB #27 Malachi Moore	LB #51 Francisco Mauigoa	P #14 Austin McNamara
DB #37 Qwan'tez Stiggers	LB #44 Jamien Sherwood	
DB #1 Sauce Gardner	LB #45 Mark Robinson	
DB #22 Tony Adams	LB #53 Mykal Walker	
DL #55 Braiden McGregor	LS #42 Thomas Hennessy	
DL #97 Harrison Phillips	OL #70 Armand Membou	
DL #78 Jay Tufele	OL #79 Chukwuma Okorafor	

2024 Draft

1.11: Olumuyiwa Fashanu, OL, Penn St.
3.65: Malachi Corley, WR, Western Kentucky
4.134: Braelon Allen, RB, Wisconsin
5.171: Jordan Travis, QB, Florida St.
5.173: Isaiah Davis, RB, South Dakota St.
5.176: Qwan'tez Stiggers, CB,
7.257: Jaylen Key, SAF, Alabama

2023 Draft

1.15: Will McDonald, DE, Iowa St.
2.43: Joe Tippmann, OL, Wisconsin
4.120: Carter Warren, OL, Pittsburgh
5.143: Israel Abanikanda, RB, Pittsburgh
6.184: Zaire Barnes, LB, Western Michigan
6.204: Jarrick Bernard-Converse, CB, LSU
7.220: Zack Kuntz, TE, Old Dominion

2022 Draft

1.4: Sauce Gardner, CB, Cincinnati
1.10: Garrett Wilson, WR, Ohio St.
1.26: Jermaine Johnson II, LB, Florida St.
2.36: Breece Hall, RB, Iowa St.
3.101: Jeremy Ruckert, TE, Ohio St.
4.111: Max Mitchell, T, Louisiana
4.117: Micheal Clemons, DT, Texas A&M