



Houston Texans @ Seattle Seahawks

MyFootballToolbox.com Game Day Preview



TEXANS

Record: 2-3 Odds: +3.0 O/U: 41.5 Power Ranking #21 Moneyline: 140 Monday 10/20/2025 7:00PM PST

wk1: HOU 9 @ 14 LA wk2: TB 20 @ 19 HOU wk3: HOU 10 @ 17 JAX
wk4: TEN 0 @ 26 HOU wk5: HOU 44 @ 10 BAL

After a week of rest, the Texans are gearing up for a challenging road matchup in Seattle. The offensive line, which has faced its fair share of difficulties this season, will need to elevate its performance against a formidable Seahawks defense.

Head Coach: DeMeco Ryans

Off. Coord: Nick Caley

Def. Coord: Matt Burke

Changes This Year: The Houston Texans enter the 2025 season with several roster changes, including the signing of key players like WR Quintez Cephus and CB Zion Childress, while dealing with injuries to RB Joe Mixon and WR Justin Watson. The team has also added depth with new rookies and practice squad elevations as they continue rebuilding under head coach DeMeco Ryans.

Pos	Stat	No	Name	Exp	YrsTm	Contract	ADP	PreRank	Rank	PrevTeams
QB	ACT	#7	C.J. Stroud	2			142	QB#17		
QB	ACT	#10	Davis Mills	4			0	QB#107		
QB	ACT	#18	Graham Mertz	0			0	QB#122		
RB	ACT	#44	British Brooks	1			0	RB#223		
RB	ACT	#31	Dameon Pierce	3			326	RB#76		
RB	ACT	#33	Dare Ogunbowale	8			0	RB#170		
RB	RES	#43	Jakob Johnson	6			0	RB#173		
RB	RES	#28	Joe Mixon	8			89	RB#29		
RB	ACT	#21	Nick Chubb	7			148	RB#46		
RB	ACT	#27	Woody Marks	0			0	RB#70		
WR	ACT	#17	Braxton Berrios	7			259	WR#141		
WR	ACT	#13	Christian Kirk	7			177	WR#56		
WR	ACT	#81	Jayden Higgins	0			137	WR#54		
WR	ACT	#14	Jaylin Noel	0			0	WR#78		
WR	RES	#84	Justin Watson	7			430	WR#173		
WR	ACT	#12	Nico Collins	4			13	WR#7		
WR	RES	#3	Tank Dell	2			244	WR#100		
WR	ACT	#19	Xavier Hutchinson	2			0	WR#220		
TE	ACT	#82	Brendon Bates	1			0	TE#159		
TE	RES	#87	Cade Stover	1			339	TE#68		Jake Andrews
DB	#24	Derek Stingley Jr.	DL	#72	Tommy Togiai	OL	#61	Jarrett Kingston		
DB	#5	Jalen Pitre	DL	#51	Will Anderson Jr.	OL	#54	Jarrett Patterson		
DB	#4	Kamari Lassiter	LB	#0	Azeez Al-Shaair	OL	#70	Juice Scruggs		
DB	#29	M.J. Stewart	LB	#48	Christian Harris	OL	#75	Laken Tomlinson		
DB	#11	Tremon Smith	LB	#45	E.J. Speed	OL	#77	Trent Brown		
DB	#38	Zion Childress	LB	#39	Henry To'oTo'o	OL	#71	Tytus Howard		
DL	#55	Danielle Hunter	LB	#35	Jake Hansen	P	#6	Tommy Townsend		
DL	#52	Darrell Taylor	LB	#56	Jamal Hill					
DL	#95	Derek Barnett	LS	#40	Austin Brinkman					
DL	#92	Dylan Horton	OL	#79	Aireontae Ersery					
DL	#97	Mario Edwards	OL	#57	Blake Fisher					
DL	#90	Sheldon Rankins	OL	#69	Ed Ingram					

2024 Draft

2.42: Kamari Lassiter, DB, Georgia
2.59: Blake Fisher, OL, Notre Dame
3.78: Calen Bullock, SAF, USC
4.123: Cade Stover, TE, Ohio St.
6.188: Jamal Hill, LB, Oregon
6.205: Jawhar Jordan, RB, Louisville
7.238: Solomon Byrd, DE, USC
7.247: Marcus Harris, DL, Auburn
7.249: LaDarius Henderson, OL, Michigan

2023 Draft

1.2: C.J. Stroud, QB, Ohio St.
1.3: Will Anderson, LB, Alabama
2.62: Juice Scruggs, OL, Penn St.
3.69: Tank Dell, WR, Houston
4.109: Dylan Horton, DL, TCU
5.167: Henry To'oTo'o, LB, Alabama
6.201: Jarrett Patterson, OL, Notre Dame
6.205: Xavier Hutchinson, WR, Iowa St.
7.248: Brandon Hill, DB, Pittsburgh

2022 Draft

1.3: Derek Stingley Jr., CB, LSU
1.15: Kenyon Green, OL, Texas A&M
2.37: Jalen Pitre, S, Baylor
2.44: John Metchie, WR, Alabama
3.75: Christian Harris, LB, Alabama
4.107: Dameon Pierce, RB, Florida
5.150: Thomas Booker, DE, Stanford
5.170: Teagan Quitoriano, TE, Oregon St.
6.205: Austin Deculus, T, LSU



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SEAHAWKS

Record: 4-2 Odds: -3.0 O/U: 41.5 Power Ranking #9 Moneyline: -166 Monday 10/20/2025 7:00PM PST

wk1: SF 17 @ 13 SEA wk2: SEA 31 @ 17 PIT wk3: NO 13 @ 44 SEA
wk4: SEA 23 @ 20 ARI wk5: TB 38 @ 35 SEA wk6: SEA 20 @ 12 JAX

The defensive front showcased their prowess in a commanding victory over the Jaguars, racking up an impressive seven sacks. Under the guidance of Mike Macdonald, this unit has developed into a formidable force, leaving offenses struggling for answers. On the offensive side, Sam Darnold continues to shine with his affinity for the deep ball, adding a dynamic edge to the team's game plan. Overall, this combination of defensive

Head Coach: Mike Macdonald

Off. Coord: Klint Kubiak

Def. Coord: Aden Durde

Changes This Year: The Seattle Seahawks enter the 2025 season with notable additions including QB Sam Darnold, WR Cooper Kupp, and DE DeMarcus Lawrence, while trading QB Geno Smith and WR D.K. Metcalf. The team also promoted rookies like Elijah Arroyo and added depth with practice squad elevations, focusing on rebuilding under coach Pete Carroll with a mix of veterans and young talent.

Pos	Stat	No	Name	Exp	YrsTm	Contract	ADP	PreRank	Rank	PrevTeams
QB	ACT	#2	Drew Lock	6			391	QB#62		
QB	ACT	#6	Jalen Milroe	0			267	QB#35		
QB	ACT	#14	Sam Darnold	7			200	QB#27		
RB	ACT	#38	Brady Russell	2			0	RB#130		
RB	ACT	#36	George Holani	1			0	RB#149		
RB	ACT	#9	Kenneth Walker III	3			44	RB#17		
RB	RES	#40	Robbie Ouzts	0			462	RB#93		
RB	ACT	#26	Zach Charbonnet	2			141	RB#38		
WR	ACT	#10	Cooper Kupp	8			81	WR#39		
WR	ACT	#83	Dareke Young	3			0	WR#275		
WR	ACT	#19	Jake Bobo	2			277	WR#116		
WR	ACT	#11	Jaxon Smith-Njigba	2			36	WR#14		
WR	ACT	#15	Tory Horton	0			365	WR#75		
TE	ACT	#88	AJ Barner	1			0	TE#54		
TE	ACT	#18	Elijah Arroyo	0			0	TE#28		
TE	ACT	#81	Eric Saubert	8			0	TE#98		
TE	ACT	#89	Nick Kallerup	0			0	TE#135		
K	ACT	#5	Jason Myers	10			0	K#30		

DB	#8	Coby Bryant	DL	#90	Jarran Reed	OL	#72	Abraham Lucas
DB	#23	D'Anthony Bell	DL	#99	Leonard Williams	OL	#75	Anthony Bradford
DB	#1	Derion Kendrick	DL	#94	Mike Morris	OL	#77	Bryce Cabeldue
DB	#21	Devon Witherspoon	LB	#53	Boye Mafe	OL	#67	Charles Cross
DB	#29	Josh Jobe	LB	#44	Chazz Surratt	OL	#76	Grey Zabel
DB	#20	Julian Love	LB	#57	Connor O'Toole	OL	#61	Jalen Sundell
DB	#28	Nehemiah Pritchett	LB	#58	Derick Hall	OL	#74	Josh Jones
DB	#3	Nick Emmanwori	LB	#42	Drake Thomas	OL	#78	Mason Richman
DB	#27	Riq Woolen	LB	#13	Ernest Jones	OL	#55	Olu Oluwatimi
DB	#39	Ty Okada	LB	#51	Jared Ivey	P	#4	Michael Dickson
DL	#95	Brandon Pili	LB	#48	Tyrice Knight			
DL	#91	Byron Murphy II	LB	#7	Uchenna Nwosu			
DL	#0	DeMarcus Lawrence	LS	#41	Chris Stoll			

2024 Draft

1.16: Byron Murphy, DL, Texas
3.81: Christian Haynes, OL, Connecticut
4.118: Tyrice Knight, LB, Texas-El Paso
4.121: AJ Barner, TE, Michigan
5.136: Nehemiah Pritchett, CB, Auburn
6.179: Sataoa Laumea, OL, Utah
6.192: D.J. James, CB, Auburn
6.207: Michael Jerrell, OT, Findlay

2023 Draft

1.5: Devon Witherspoon, DB, Illinois
1.20: Jaxon Smith-Njigba, WR, Ohio St.
2.37: Derick Hall, DE, Auburn
3.52: Zach Charbonnet, RB, UCLA
4.108: Anthony Bradford, OL, LSU
4.123: Cameron Young, DT, Mississippi St.
5.151: Mike Morris, DE, Michigan
5.154: Olusegun Oluwatimi, C, Michigan
6.198: Jerrick Reed, S, New Mexico
7.237: Kenny McIntosh, RB, Georgia

2022 Draft

1.9: Charles Cross, OL, Mississippi St.
2.40: Boye Mafe, DE, Minnesota
2.41: Kenneth Walker III, RB, Michigan St.
3.72: Abraham Lucas, OL, Washington St.
4.109: Coby Bryant, CB, Cincinnati
5.153: Riq Woolen, CB, Texas-San Antonio
5.158: Tyreke Smith, DE, Ohio St.
7.229: Bo Melton, WR, Rutgers
7.233: Dareke Young, WR, Lenoir-Rhyne