



Washington Commanders @ Dallas Cowboys

MyFootballToolbox.com Game Day Preview



COMMANDERS

Record: 3-3 Odds: -2.5 O/U: 55.5 Power Ranking #19 Moneyline: -135 Sunday 10/19/2025 1:25PM PST

wk1: NYG 6 @ 21 WAS wk2: WAS 18 @ 27 GB wk3: LV 24 @ 41 WAS
wk4: WAS 27 @ 34 ATL wk5: WAS 27 @ 10 LAC wk6: CHI 25 @ 24 WAS

After a hard-fought loss to the Bears, defensive issues continue to be the primary concern for the Commanders. The team's struggles with poor tackling have led to numerous big plays, highlighting a vulnerability that needs urgent attention.

Head Coach: Dan Quinn
Off. Coord: Kliff Kingsbury
Def. Coord: Joe Whitt Jr.

Changes This Year: The Washington Commanders made several key roster moves in 2025, signing DT Javon Kinlaw to a three-year deal to bolster their run defense after releasing Jonathan Allen. They re-signed WR Terry McLaurin to a three-year extension and added veteran OLB Von Miller on a one-year deal. The team also traded draft picks to acquire LT Laremy Tunsil and focused on strengthening the defensive line

Pos	Stat	No	Name	Exp	YrsTm	Contract	ADP	PreRank	Rank	PrevTeams
QB	ACT	#5	Jayden Daniels	1			27	QB#3		
QB	ACT	#14	Josh Johnson	17			450	QB#87		
QB	ACT	#8	Marcus Mariota	10			459	QB#52		
RB	RES	#30	Austin Ekeler	8			99	RB#40		
RB	ACT	#36	Chris Rodriguez Jr.	2			0	RB#80		
RB	ACT	#22	Jacory Croskey-Merritt	0			95	RB#35		
RB	ACT	#26	Jeremy McNichols	8			0	RB#108		
WR	ACT	#19	Chris Moore	9			0	WR#240		
WR	ACT	#1	Deebo Samuel Sr.	6			96	WR#36		
WR	ACT	#83	Jaylin Lane	0			423	WR#174		
WR	ACT	#11	Luke McCaffrey	1			247	WR#91		
WR	ACT	#85	Noah Brown	8			0	WR#149		
WR	ACT	#17	Terry McLaurin	6			37	WR#18		
TE	ACT	#82	Ben Sinnott	1			0	TE#51		
TE	ACT	#80	Colson Yankoff	1			0	TE#144		
TE	ACT	#87	John Bates	4			304	TE#64		
TE	RES	#80	Tyree Jackson	6			0	TE#79		
TE	ACT	#86	Zach Ertz	12			157	TE#18		
K	ACT	#16	Matt Gay	6			180	K#16		
DB	#34	Antonio Hamilton	DL	#55	Jacob Martin	OL	#71	Andrew Wylie		
DB	#25	Darnell Savage	DL	#96	Jalyn Holmes	OL	#74	Brandon Coleman		
DB	#39	Jeremy Reaves	DL	#99	Javon Kinlaw	OL	#75	Chris Paul		
DB	#2	Marshon Lattimore	DL	#95	Jer'Zhan Newton	OL	#77	George Fant		
DB	#0	Mike Sainristil	DL	#52	Preston Smith	OL	#72	Josh Conerly Jr.		
DB	#6	Noah Igbinoghene	LB	#51	Ale Kaho	OL	#78	Laremy Tunsil		
DB	#35	Percy Butler	LB	#54	Bobby Wagner	OL	#67	Nick Allegretti		
DB	#20	Quan Martin	LB	#4	Frankie Luvu	OL	#73	Trent Scott		
DB	#23	Trey Amos	LB	#58	Jordan Magee	OL	#63	Tyler Biadasz		
DB	#18	Tyler Owens	LB	#56	Kain Medrano	P	#10	Tress Way		
DL	#94	Daron Payne	LB	#57	Nick Bellore					
DL	#92	Dorance Armstrong	LB	#24	Von Miller					
DL	#97	Eddie Goldman	LS	#69	Tyler Ott					

2024 Draft

1.2: Jayden Daniels, QB, LSU
2.36: Jer'Zhan Newton, DL, Illinois
2.50: Mike Sainristil, DB, Michigan
2.53: Ben Sinnott, TE, Kansas St.
3.67: Brandon Coleman, OL, TCU
3.100: Luke McCaffrey, WR, Rice
5.139: Jordan Magee, LB, Temple
5.161: Dominique Hampton, CB, Washington
7.222: Javontae Jean-Baptiste, DL, Notre Dame

2023 Draft

1.16: Emmanuel Forbes, CB, Mississippi St.
2.47: Quan Martin, DB, Illinois
3.97: Ricky Stromberg, OL, Arkansas
4.118: Braeden Daniels, OL, Utah
5.137: K.J. Henry, DE, Clemson
6.193: Chris Rodriguez, RB, Kentucky
7.233: Andre Jones, DE, Louisiana

2022 Draft

1.16: Jahan Dotson, WR, Penn St.
2.47: Phidarian Mathis, DT, Alabama
3.98: Brian Robinson Jr., RB, Alabama
4.113: Percy Butler, S, Louisiana
5.144: Sam Howell, QB, North Carolina
5.149: Cole Turner, TE, Nevada
7.230: Chris Paul, OL, Tulsa
7.240: Christian Holmes, CB, Oklahoma St.



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COWBOYS

Record: 2-4 Odds: +2.5 O/U: 55.5 Power Ranking #22 Moneyline: 114 Sunday 10/19/2025 1:25PM PST

wk1: DAL 20 @ 24 PHI wk2: NYG 37 @ 40 DAL wk3: DAL 14 @ 31 CHI
wk4: GB 40 @ 40 DAL wk5: DAL 37 @ 22 NYJ wk6: DAL 27 @ 30 CAR

Struggling mightily against the run, this team has allowed an average of 174 rushing yards per game over the past three weeks, exposing a glaring weakness in their defense. Unfortunately, the offense hasn't been able to compensate for this deficiency, leaving the Cowboys in a precarious position. Addressing these issues will be crucial for any chance of turning their season around.

Head Coach: Brian Schottenheimer
Off. Coord: Klayton Adams
Def. Coord: Matt Eberflus

Changes This Year: The Cowboys fortified their roster in 2025 with key moves including signing OT La'el Collins and OG Geron Christian, while extending OT Tyler Smith through 2030. They added several players to their practice squad such as QB Will Grier and CB Robert Rochell to maintain depth. The team traded star LB Micah Parsons for NT Kenny Clark but continues to rely on a strong core led by Dak Prescott at QB.

Pos	Stat	No	Name	Exp	YrsTm	Contract	ADP	PreRank	Rank	PrevTeams
QB	ACT	#4	Dak Prescott	9			101	QB#11		
QB	ACT	#10	Joe Milton III	1			298	QB#39		
RB	ACT	#40	Hunter Luepke	2			0	RB#148		
RB	ACT	#33	Javonte Williams	4			106	RB#36		
RB	ACT	#23	Jaydon Blue	0			158	RB#44		
RB	RES	#24	Miles Sanders	6			0	RB#69		
RB	RES	#37	Phil Mafah	0			0	RB#129		
WR	ACT	#88	CeeDee Lamb	5			6	WR#3		
WR	ACT	#3	George Pickens	3			63	WR#30		
WR	ACT	#1	Jalen Tolbert	3			0	WR#111		
WR	RES	#81	Jonathan Mingo	2			488	WR#208		
WR	ACT	#9	KaVontae Turpin	6			0	WR#109		
WR	ACT	#19	Ryan Flournoy	1			0	WR#295		
TE	ACT	#89	Brevyn Spann-Ford	1			0	TE#141		
TE	ACT	#87	Jake Ferguson	3			132	TE#15		
TE	ACT	#86	Luke Schoonmaker	2			313	TE#52		
K	ACT	#17	Brandon Aubrey	3			104	K#1		

DB	#38	Alijah Clark	DL	#53	James Houston	LS	#44	Trent Sieg
DB	#29	C.J. Goodwin	DL	#93	Jay Toia	OL	#69	Ajani Cornelius
DB	#26	DaRon Bland	DL	#95	Kenny Clark	OL	#67	Brock Hoffman
DB	#6	Donovan Wilson	DL	#94	Marshawn Kneeland	OL	#75	Hakeem Adeniji
DB	#2	Juanyeh Thomas	DL	#58	Mazi Smith	OL	#71	Nathan Thomas
DB	#20	Kaiir Elam	DL	#97	Osa Odighizuwa	OL	#66	TJ Bass
DB	#14	Markquese Bell	DL	#54	Sam Williams	OL	#78	Terence Steele
DB	#27	Reddy Steward	DL	#90	Solomon Thomas	OL	#76	Trevor Keegan
DB	#7	Trevon Diggs	LB	#18	Damone Clark	OL	#52	Tyler Booker
DB	#25	Trikweze Bridges	LB	#57	Jack Sanborn	OL	#60	Tyler Guyton
DL	#13	Dante Fowler Jr.	LB	#59	Kenneth Murray, Jr.	OL	#73	Tyler Smith
DL	#41	Donovan Ezeiruaku	LB	#35	Marist Liufau	P	#5	Bryan Anger
DL	#42	Jadeveon Clowney	LB	#50	Shemar James			

2024 Draft

1.29: Tyler Guyton, OL, Oklahoma
2.56: Marshawn Kneeland, DL, Western Michigan
3.73: Cooper Beebe, OL, Kansas St.
3.87: Marist Liufau, LB, Notre Dame
5.174: Caelen Carson, DB, Wake Forest
6.216: Ryan Flournoy, WR, SE Missouri St.
7.233: Nathan Thomas, OL, Louisiana
7.244: Justin Rogers, DL, Auburn

2023 Draft

1.26: Mazi Smith, DL, Michigan
2.58: Luke Schoonmaker, TE, Michigan
3.90: DeMarvion Overshown, LB, Texas
4.129: Viliami Fehoko, DL, San Jose St.
5.169: Asim Richards, OL, North Carolina
6.178: Eric Scott, DB, Southern Miss
6.212: Deuce Vaughn, RB, Kansas St.
7.244: Jalen Brooks, WR, South Carolina

2022 Draft

1.24: Tyler Smith, OL, Tulsa
2.56: Sam Williams, DE, Mississippi
3.88: Jalen Tolbert, WR, South Alabama
4.129: Jake Ferguson, TE, Wisconsin
5.155: Matt Waletzko, OL, North Dakota
5.167: DaRon Bland, DB, Fresno St.
5.176: Damone Clark, LB, LSU
5.178: John Ridgeway, DT, Arkansas
6.193: Devin Harper, LB, Oklahoma St.