



Seattle Seahawks @ Tennessee Titans

MyFootballToolbox.com Game Day Preview



SEAHAWKS

Record: 7-3 Odds: -13.5 O/U: 40.5 Power Ranking #6 Moneyline: -950 Sunday 11/23/2025 10:00AM PST

wk1: SF 17 @ 13 SEA wk2: SEA 31 @ 17 PIT wk3: NO 13 @ 44 SEA
wk4: SEA 23 @ 20 ARI wk5: TB 38 @ 35 SEA wk6: SEA 20 @ 12 JAX
wk7: HOU 19 @ 27 SEA wk9: SEA 38 @ 14 WAS wk10: ARI 22 @ 44 SEA
wk11: SEA 19 @ 21 LA

Against the Rams, questions arose about whether Sam Darnold's performance was just a blip or a cause for concern moving forward. Despite the ups and downs, the Seahawks will need to assess if consistency can be achieved with Darnold at the helm. As they progress through the season, it's crucial to

Head Coach: Mike Macdonald

Off. Coord: Klint Kubiak

Def. Coord: Aden Durde

Changes This Year: The Seattle Seahawks enter the 2025 season with notable additions including QB Sam Darnold, WR Cooper Kupp, and DE DeMarcus Lawrence, while trading QB Geno Smith and WR D.K. Metcalf. The team also promoted rookies like Elijah Arroyo and added depth with practice squad elevations, focusing on rebuilding under coach Pete Carroll with a mix of veterans and young talent.

Pos	Stat	No	Name	Exp	YrsTm	Contract	ADP	PreRank	Rank	PrevTeams
QB	ACT	#2	Drew Lock	6			391	QB#62		
QB	ACT	#6	Jalen Milroe	0			267	QB#35		
QB	ACT	#14	Sam Darnold	7			200	QB#27		
RB	ACT	#38	Brady Russell	2			0	RB#130		
RB	ACT	#36	George Holani	1			0	RB#149		
RB	ACT	#9	Kenneth Walker III	3			44	RB#17		
RB	ACT	#40	Robbie Ouzts	0			462	RB#93		
RB	ACT	#26	Zach Charbonnet	2			141	RB#38		
WR	ACT	#82	Cody White	5			0	WR#260		
WR	ACT	#10	Cooper Kupp	8			81	WR#39		
WR	RES	#83	Dareke Young	3			0	WR#275		
WR	ACT	#19	Jake Bobo	2			277	WR#116		
WR	ACT	#11	Jaxon Smith-Njigba	2			36	WR#14		
WR	ACT	#22	Rashid Shaheed	3			129	WR#53		
WR	ACT	#15	Tory Horton	0			365	WR#75		
TE	ACT	#88	AJ Barner	1			0	TE#54		
TE	ACT	#18	Elijah Arroyo	0			0	TE#28		
TE	RES	#81	Eric Saubert	8			0	TE#98		
TE	ACT	#90	Nick Kallerup	0			0	TE#135		
DE	#8	Coby Bryant	DL	#92	Quinton Bohanna	0	OL	#75	Anthony Bradford	
DE	#23	D'Anthony Bell	LB	#53	Boye Mafe		OL	#77	Bryce Cabeldue	
DB	#1	Derion Kendrick	LB	#44	Chazz Surratt		OL	#67	Charles Cross	
DB	#21	Devon Witherspoon	LB	#57	Connor O'Toole		OL	#64	Christian Haynes	
DB	#29	Josh Jobe	LB	#0	DeMarcus Lawrence		OL	#76	Grey Zabel	
DB	#28	Nehemiah Pritchett	LB	#58	Derick Hall		OL	#74	Josh Jones	
DB	#3	Nick Emmanwori	LB	#42	Drake Thomas		OL	#78	Mason Richman	
DB	#27	Riq Woolen	LB	#13	Ernest Jones		OL	#55	Olu Oluwatimi	
DB	#39	Ty Okada	LB	#51	Jared Ivey		P	#4	Michael Dickson	
DL	#95	Brandon Pili	LB	#48	Tyrice Knight					
DL	#91	Byron Murphy II	LB	#7	Uchenna Nwosu					
DL	#99	Leonard Williams	LS	#41	Chris Stoll					
DL	#94	Mike Morris	OL	#72	Abraham Lucas					

2024 Draft

1.16: Byron Murphy, DL, Texas
3.81: Christian Haynes, OL, Connecticut
4.118: Tyrice Knight, LB, Texas-El Paso
4.121: AJ Barner, TE, Michigan
5.136: Nehemiah Pritchett, CB, Auburn
6.179: Sataoa Laumea, OL, Utah
6.192: D.J. James, CB, Auburn
6.207: Michael Jerrell, OT, Findlay

2023 Draft

1.5: Devon Witherspoon, DB, Illinois
1.20: Jaxon Smith-Njigba, WR, Ohio St.
2.37: Derick Hall, DE, Auburn
2.52: Zach Charbonnet, RB, UCLA
4.108: Anthony Bradford, OL, LSU
4.123: Cameron Young, DT, Mississippi St.
5.151: Mike Morris, DE, Michigan
5.154: Olusegun Oluwatimi, C, Michigan
6.198: Jerrick Reed, S, New Mexico
7.237: Kenny McIntosh, RB, Georgia

2022 Draft

1.9: Charles Cross, OL, Mississippi St.
2.40: Boye Mafe, DE, Minnesota
2.41: Kenneth Walker III, RB, Michigan St.
3.72: Abraham Lucas, OL, Washington St.
4.109: Coby Bryant, CB, Cincinnati
5.153: Riq Woolen, CB, Texas-San Antonio
5.158: Tyreke Smith, DE, Ohio St.
7.229: Bo Melton, WR, Rutgers
7.233: Dareke Young, WR, Lenoir-Rhyne



Seattle Seahawks @ Tennessee Titans

MyFootballToolbox.com Game Day Preview



TITANS

Record: 1-9 Odds: +13.5 O/U: 40.5 Power Ranking #32 Moneyline: 625 Sunday 11/23/2025 10:00AM PST

wk1: TEN 12 @ 20 DEN wk2: LA 33 @ 19 TEN wk3: IND 41 @ 20 TEN
wk4: TEN 0 @ 26 HOU wk5: TEN 22 @ 21 ARI wk6: TEN 10 @ 20 LV
wk7: NE 31 @ 13 TEN wk8: TEN 14 @ 38 IND wk9: LAC 27 @ 20 TEN
wk11: HOU 16 @ 13 TEN

The offense struggles to make an impact, and losing receiver Calvin Ridley for the season is a significant blow. Ouch.

Head Coach: Brian Callahan

Off. Coord: Nick Holz

Def. Coord: Dennard Wilson

Changes This Year: The Tennessee Titans enter the 2025 season under new general manager Mike Borgonzi and second-year head coach Brian Callahan, following a difficult 3-14 record last year. The biggest changes include a major roster overhaul with 52 new players, highlighted by drafting first overall pick quarterback Cam Ward from Miami (FL). The team also retains key players like Calvin Ridley, Tony Pollard, and

Pos	Stat	No	Name	Exp	YrsTm	Contract	ADP	PreRank	Rank	PrevTeams
QB	ACT	#10	Brandon Allen	9			353	QB#65		
RB	ACT	#36	Julius Chestnut	3			328	RB#114		
RB	RES	#31	Kalel Mullings	0			0	RB#130		
RB	ACT	#20	Tony Pollard	6			71	RB#26		
RB	ACT	#2	Tyjae Spears	2			144	RB#48		
WR	RES	#80	Bryce Oliver	1			0	WR#238		
WR	RES	#0	Calvin Ridley	7			61	WR#28		
WR	ACT	#17	Chimere Dike	0			0	WR#217		
WR	ACT	#5	Elic Ayomanor	0			0	WR#85		
WR	ACT	#11	Van Jefferson	5			0	WR#167		
TE	ACT	#88	David Martin-Robinson	1			0	TE#143		
TE	ACT	#84	Gunnar Helm	0			303	TE#57		
K	ACT	#6	Joey Slye	6			256	K#27		

DB #37 Amani Hooker	DL #97 James Lynch	LB #56 Truman Jones
DB #39 Darrell Baker Jr.	DL #98 Jeffery Simmons	LS #46 Morgan Cox
DB #18 Jalyn Armour-Davis	DL #69 Sebastian Joseph-Day	OL #78 Brandon Crenshaw-Dickson
DB #28 Jerrick Reed II	DL #90 Shy Tuttle	OL #62 Corey Levin
DB #30 Kendell Brooks	DL #93 T'Vondre Sweat	OL #75 Dan Moore Jr.
DB #23 Kevin Winston Jr.	LB #49 Arden Key	OL #67 Drew Moss
DB #26 Marcus Harris	LB #33 Cedric Gray	OL #55 JC Latham
DB #21 Micah Robinson	LB #50 Cody Barton	OL #64 Jackson Slater
DB #44 Mike Brown	LB #54 Dorian Mausi	OL #70 Kevin Zeitler
DB #28 Quandre Diggs	LB #52 James Williams	OL #79 Lloyd Cushenberry III
DB #35 Samuel Womack	LB #92 Jaylen Harrell	OL #72 Olisaemeka Udoh
DB #25 Xavier Woods	LB #53 Jihad Ward	OL #77 Peter Skoronski
DL #91 C.J. Ravenell	LB #48 Joe Bachie	P #3 Johnny Hekker

2024 Draft

1.7: JC Latham, OL, Alabama
2.38: T'Vondre Sweat, DL, Texas
4.106: Cedric Gray, LB, North Carolina
5.146: Jarvis Brownlee, DB, Louisville
6.182: Jha'Quan Jackson, WR, Tulane
7.242: James Williams, SAF, Miami (FL)
7.252: Jaylen Harrell, DE, Michigan

2023 Draft

1.11: Peter Skoronski, OL, Northwestern
2.33: Will Levis, QB, Kentucky
3.81: Tyjae Spears, RB, Tulane
5.147: Josh Whyle, TE, Cincinnati
6.186: Jaelyn Duncan, OL, Maryland
7.228: Colton Dowell, WR, UT Martin

2022 Draft

1.18: Treyton Burks, WR, Arkansas
2.35: Roger McCreary, CB, Auburn
3.69: Nicholas Petit-Frere, T, Ohio St.
3.86: Malik Willis, QB, Liberty
4.131: Hassan Haskins, RB, Michigan
4.143: Chigoziem Okonkwo, TE, Maryland
5.163: Kyle Philips, WR, UCLA
6.204: Theo Jackson, DB, Tennessee
6.219: Chance Campbell, LB, Mississippi