



Seattle Seahawks @ Atlanta Falcons

MyFootballToolbox.com Game Day Preview



SEAHAWKS

Record: 9-3 Odds: -7.0 O/U: 44.5 Power Ranking #4 Moneyline: -355 Sunday 12/07/2025 10:00AM PST

wk1: SF 17 @ 13 SEA wk2: SEA 31 @ 17 PIT wk3: NO 13 @ 44 SEA
wk4: SEA 23 @ 20 ARI wk5: TB 38 @ 35 SEA wk6: SEA 20 @ 12 JAX
wk7: HOU 19 @ 27 SEA wk9: SEA 38 @ 14 WAS wk10: ARI 22 @ 44 SEA
wk11: SEA 19 @ 21 LA wk12: SEA 30 @ 24 TEN wk13: MIN 0 @ 26 SEA

The defense put on an impressive performance against a rookie quarterback on Sunday, exactly as expected. With such a strong defensive unit, the Seahawks are well-positioned to make a deep playoff run.

Head Coach: Mike Macdonald

Off. Coord: Klint Kubiak

Def. Coord: Aden Durde

Changes This Year: The Seattle Seahawks enter the 2025 season with notable additions including QB Sam Darnold, WR Cooper Kupp, and DE DeMarcus Lawrence, while trading QB Geno Smith and WR D.K. Metcalf. The team also promoted rookies like Elijah Arroyo and added depth with practice squad elevations, focusing on rebuilding under coach Pete Carroll with a mix of veterans and young talent.

Pos	Stat	No	Name	Exp	YrsTm	Contract	ADP	PreRank	Rank	PrevTeams
QB	ACT	#2	Drew Lock	6			391	QB#62		
QB	ACT	#6	Jalen Milroe	0			267	QB#35		
QB	ACT	#14	Sam Darnold	7			200	QB#27		
RB	ACT	#38	Brady Russell	2			0	RB#130		
RB	ACT	#30	Cam Akers	5			394	RB#100		
RB	RES	#36	George Holani	1			0	RB#149		
RB	ACT	#9	Kenneth Walker III	3			44	RB#17		
RB	ACT	#40	Robbie Ouzts	0			462	RB#93		
RB	ACT	#26	Zach Charbonnet	2			141	RB#38		
WR	ACT	#82	Cody White	5			0	WR#260		
WR	ACT	#10	Cooper Kupp	8			81	WR#39		
WR	RES	#83	Dareke Young	3			0	WR#275		
WR	ACT	#19	Jake Bobo	2			277	WR#116		
WR	ACT	#11	Jaxon Smith-Njigba	2			36	WR#14		
WR	ACT	#22	Rashid Shaheed	3			129	WR#53		
WR	RES	#15	Tory Horton	0			365	WR#75		
TE	ACT	#88	AJ Barner	1			0	TE#54		
TE	ACT	#18	Elijah Arroyo	0			0	TE#28		
TE	RES	#81	Eric Saubert	8			0	TE#98		
DE	#8	Coby Bryant	DL	#90	Quinton Bohanna		0	OL	#75	Anthony Bradford
DE	#23	D'Anthony Bell	LB	#53	Boye Mafe			OL	#77	Bryce Cabeldue
DB	#21	Devon Witherspoon	LB	#57	Connor O'Toole			OL	#67	Charles Cross
DB	#29	Josh Jobe	LB	#0	DeMarcus Lawrence			OL	#64	Christian Haynes
DB	#28	Nehemiah Pritchett	LB	#58	Derick Hall			OL	#76	Grey Zabel
DB	#3	Nick Emmanwori	LB	#42	Drake Thomas			OL	#74	Josh Jones
DB	#27	Riq Woolen	LB	#13	Ernest Jones			OL	#78	Mason Richman
DB	#24	Shaquill Griffin	LB	#51	Jared Ivey			OL	#55	Olu Oluwatimi
DB	#39	Ty Okada	LB	#52	Patrick O'Connell			P	#4	Michael Dickson
DL	#95	Brandon Pili	LB	#48	Tyrice Knight					
DL	#91	Byron Murphy II	LB	#7	Uchenna Nwosu					
DL	#99	Leonard Williams	LS	#41	Chris Stoll					
DL	#94	Mike Morris	OL	#72	Abraham Lucas					

2024 Draft

1.16: Byron Murphy, DL, Texas
3.81: Christian Haynes, OL, Connecticut
4.118: Tyrice Knight, LB, Texas-El Paso
4.121: AJ Barner, TE, Michigan
5.136: Nehemiah Pritchett, CB, Auburn
6.179: Sataoa Laumea, OL, Utah
6.192: D.J. James, CB, Auburn
6.207: Michael Jerrell, OT, Findlay

2023 Draft

1.5: Devon Witherspoon, DB, Illinois
1.20: Jaxon Smith-Njigba, WR, Ohio St.
2.37: Derick Hall, DE, Auburn
2.52: Zach Charbonnet, RB, UCLA
4.108: Anthony Bradford, OL, LSU
4.123: Cameron Young, DT, Mississippi St.
5.151: Mike Morris, DE, Michigan
5.154: Olusegun Oluwatimi, C, Michigan
6.198: Jerrick Reed, S, New Mexico
7.237: Kenny McIntosh, RB, Georgia

2022 Draft

1.9: Charles Cross, OL, Mississippi St.
2.40: Boye Mafe, DE, Minnesota
2.41: Kenneth Walker III, RB, Michigan St.
3.72: Abraham Lucas, OL, Washington St.
4.109: Coby Bryant, CB, Cincinnati
5.153: Riq Woolen, CB, Texas-San Antonio
5.158: Tyreke Smith, DE, Ohio St.
7.229: Bo Melton, WR, Rutgers
7.233: Dareke Young, WR, Lenoir-Rhyne



Seattle Seahawks @ Atlanta Falcons

MyFootballToolbox.com Game Day Preview



FALCONS

Record: 4-8 Odds: +7.0 O/U: 44.5 Power Ranking #23 Moneyline: 280 Sunday 12/07/2025 10:00AM PST

wk1: TB 23 @ 20 ATL wk2: ATL 22 @ 6 MIN wk3: ATL 0 @ 30 CAR
wk4: WAS 27 @ 34 ATL wk6: BUF 14 @ 24 ATL wk7: ATL 10 @ 20 SF
wk8: MIA 34 @ 10 ATL wk9: ATL 23 @ 24 NE wk10: ATL 25 @ 31 IND
wk11: CAR 30 @ 27 ATL wk12: ATL 24 @ 10 NO wk13: ATL 24 @ 27 NYJ

The recent loss to the Jets has effectively dashed any hopes the Falcons had of making it to the playoffs. With this defeat, their season's prospects look grim, and their chances of turning things around appear to be finished.

Head Coach: Raheem Morris

Off. Coord: Zac Robinson

Def. Coord: Jeff Ulbrich

Changes This Year: The Falcons enter 2025 with Zac Robinson taking over as offensive coordinator and Jeff Ulbrich leading the defense. Veteran kicker Younghoe Koo was released in favor of Parker Romo, and several staff changes were made to boost both sides of the ball as Atlanta looks to rebound from a tough season.

Pos	Stat	No	Name	Exp	YrsTm	Contract	ADP	PreRank	Rank	PrevTeams
QB	RES	#15	Emory Jones	1			0	QB#117		
QB	ACT	#18	Kirk Cousins	13			233	QB#36		
QB	RES	#9	Michael Penix Jr.	1			176	QB#23		
RB	ACT	#7	Bijan Robinson	2			2	RB#1		
RB	ACT	#25	Tyler Allgeier	3			163	RB#52		
WR	ACT	#82	Casey Washington	1			0	WR#294		
WR	ACT	#1	Darnell Mooney	5			136	WR#52		
WR	ACT	#87	David Sills	6			0	WR#315		
WR	ACT	#5	Drake London	3			21	WR#9		
WR	ACT	#14	Jamal Agnew	8			0	WR#243		
WR	ACT	#4	KhaDarel Hodge	7			0	WR#247		
TE	ACT	#89	Charlie Woerner	5			0	TE#116		
TE	ACT	#84	Feleipe Franks	4			0	TE#125		
TE	ACT	#8	Kyle Pitts	4			139	TE#14		
TE	ACT	#85	Teagan Quitoriano	3			0	TE#154		
K	ACT	#45	Zane Gonzalez	8			349	K#42		

DB #24 A.J. Terrell	DL #93 Kentavious Street	OL #63 Chris Lindstrom
DB #37 Cobee Bryant	DL #94 LaCale London	OL #71 Elijah Wilkinson
DB #23 DeMarcco Hellams	DL #56 Leonard Floyd	OL #69 Jack Nelson
DB #20 Dee Alford	DL #98 Ruke Orhoro	OL #70 Jake Matthews
DB #3 Jessie Bates	LB #17 Arnold Ebiketie	OL #52 Jovaughn Gwyn
DB #29 Jordan Fuller	LB #0 Divine Deablo	OL #68 Kyle Hinton
DB #28 Mike Ford	LB #40 JD Bertrand	OL #65 Matthew Bergeron
DB #21 Mike Hughes	LB #11 Jalon Walker	OL #72 Michael Jerrell
DB #35 Natrone Brooks	LB #27 James Pearce Jr.	OL #64 Ryan Neuzil
DB #31 Xavier Watts	LB #42 Josh Woods	P #13 Bradley Pinion
DL #54 Brandon Dorlus	LB #55 Kaden Elliss	
DL #90 David Onyemata	LB #36 Ronnie Harrison	
DL #91 Elijah Garcia	LS #49 Liam McCullough	

2024 Draft

1.8: Michael Penix, QB, Washington
2.35: Ruke Orhoro, DT, Clemson
3.74: Bralen Trice, DE, Washington
4.109: Brandon Dorlus, DE, Oregon
5.143: JD Bertrand, LB, Notre Dame
6.186: Jase McClellan, RB, Alabama
6.187: Casey Washington, WR, Illinois
6.197: Zion Logue, DL, Georgia

2023 Draft

1.8: Bijan Robinson, RB, Texas
2.38: Matthew Bergeron, OL, Syracuse
3.75: Zach Harrison, DE, Ohio St.
4.113: Clark Phillips, CB, Utah
7.224: DeMarcco Hellams, DB, Alabama
7.225: Jovaughn Gwyn, OL, South Carolina

2022 Draft

1.8: Drake London, WR, USC
2.38: Arnold Ebiketie, DE, Penn St.
2.58: Troy Andersen, LB, Montana St.
3.74: Desmond Ridder, QB, Cincinnati
3.82: DeAngelo Malone, DE, Western Kentucky
5.151: Tyler Allgeier, RB, BYU
6.190: Justin Shaffer, OL, Georgia
6.213: John FitzPatrick, TE, Georgia