



Dallas Cowboys @ Washington Commanders

MyFootballToolbox.com Game Day Preview



COWBOYS

Record: 6-9 Odds: -8.5 O/U: 50.5 Power Ranking #19 Moneyline: -485 Thursday 12/25/2025 10:00AM PST

wk1: DAL 20 @ 24 PHI wk2: NYG 37 @ 40 DAL wk3: DAL 14 @ 31 CHI
wk4: GB 40 @ 40 DAL wk5: DAL 37 @ 22 NYJ wk6: DAL 27 @ 30 CAR
wk7: WAS 22 @ 44 DAL wk8: DAL 24 @ 44 DEN wk9: ARI 27 @ 17 DAL
wk11: DAL 33 @ 16 LV wk12: PHI 21 @ 24 DAL wk13: KC 28 @ 31 DAL
wk14: DAL 30 @ 44 DET wk15: MIN 34 @ 26 DAL wk16: LAC 34 @ 17 DAL

After a disappointing showing against the Chargers, the defense has regressed, raising questions about potential changes to the coaching staff after the season. The Cowboys need to address these issues if they hope to remain

Head Coach: Brian Schottenheimer

Off. Coord: Klayton Adams

Def. Coord: Matt Eberflus

Changes This Year: The Cowboys fortified their roster in 2025 with key moves including signing OT La'el Collins and OG Geron Christian, while extending OT Tyler Smith through 2030. They added several players to their practice squad such as QB Will Grier and CB Robert Rochell to maintain depth. The team traded star LB Micah Parsons for NT Kenny Clark but continues to rely on a strong core led by Dak Prescott at QB.

Pos	Stat	No	Name	Exp	YrsTm	Contract	ADP	PreRank	Rank	PrevTeams
QB	ACT	#4	Dak Prescott	9			101	QB#11		
QB	ACT	#10	Joe Milton III	1			298	QB#39		
RB	ACT	#40	Hunter Luepke	2			0	RB#148		
RB	ACT	#33	Javonte Williams	4			106	RB#36		
RB	ACT	#23	Jaydon Blue	0			158	RB#44		
RB	ACT	#43	Malik Davis	3			0	RB#219		
RB	RES	#24	Miles Sanders	6			0	RB#69		
RB	RES	#37	Phil Mafah	0			0	RB#129		
WR	ACT	#88	CeeDee Lamb	5			6	WR#3		
WR	ACT	#3	George Pickens	3			63	WR#30		
WR	ACT	#1	Jalen Tolbert	3			0	WR#111		
WR	ACT	#81	Jonathan Mingo	2			488	WR#208		
WR	ACT	#9	KaVontae Turpin	6			0	WR#109		
WR	ACT	#19	Ryan Flournoy	1			0	WR#295		
TE	ACT	#89	Brevyn Spann-Ford	1			0	TE#141		
TE	ACT	#87	Jake Ferguson	3			132	TE#15		
TE	ACT	#86	Luke Schoonmaker	2			313	TE#52		
K	ACT	#17	Brandon Aubrey	3			104	K#1		

DB #38	Alijah Clark	DL #42	Jadeveon Clowney	LB #55	Logan Wilson
DB #29	C.J. Goodwin	DL #53	James Houston	LB #35	Marist Liufau
DB #21	Caelen Carson	DL #93	Jay Toia	LB #50	Shemar James
DB #36	Corey Ballentine	DL #95	Kenny Clark	LS #44	Trent Sieg
DB #6	Donovan Wilson	DL #94	Marshawn Kneeland	OL #67	Brock Hoffman
DB #28	Malik Hooker	DL #97	Osa Odighizuwa	OL #56	Cooper Beebe
DB #14	Markquese Bell	DL #99	Perrion Winfrey	OL #75	Hakeem Adeniji
DB #27	Reddy Steward	DL #92	Quinnen Williams	OL #71	Nathan Thomas
DB #34	Shavon Revel Jr.	DL #54	Sam Williams	OL #66	TJ Bass
DB #7	Trevon Diggs	DL #90	Solomon Thomas	OL #78	Terence Steele
DB #25	Trikweze Bridges	LB #0	DeMarvion Overshown	OL #52	Tyler Booker
DL #13	Dante Fowler Jr.	LB #45	Justin Barron	OL #73	Tyler Smith
DL #41	Donovan Ezeiraku	LB #59	Kenneth Murray, Jr.	P #5	Bryan Anger

2024 Draft

1.29: Tyler Guyton, OL, Oklahoma
2.56: Marshawn Kneeland, DL, Western Michigan
3.73: Cooper Beebe, OL, Kansas St.
3.87: Marist Liufau, LB, Notre Dame
5.174: Caelen Carson, DB, Wake Forest
6.216: Ryan Flournoy, WR, SE Missouri St.
7.233: Nathan Thomas, OL, Louisiana
7.244: Justin Rogers, DL, Auburn

2023 Draft

1.26: Mazi Smith, DL, Michigan
2.58: Luke Schoonmaker, TE, Michigan
3.90: DeMarvion Overshown, LB, Texas
4.129: Viliami Fehoko, DL, San Jose St.
5.169: Asim Richards, OL, North Carolina
6.178: Eric Scott, DB, Southern Miss
6.212: Deuce Vaughn, RB, Kansas St.
7.244: Jalen Brooks, WR, South Carolina

2022 Draft

1.24: Tyler Smith, OL, Tulsa
2.56: Sam Williams, DE, Mississippi
3.88: Jalen Tolbert, WR, South Alabama
4.129: Jake Ferguson, TE, Wisconsin
5.155: Matt Waletzko, OL, North Dakota
5.167: DaRon Bland, DB, Fresno St.
5.176: Damone Clark, LB, LSU
5.178: John Ridgeway, DT, Arkansas
6.193: Devin Harper, LB, Oklahoma St.



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COMMANDERS

Record: 4-11 Odds: +8.5 O/U: 50.5 Power Ranking #27 Moneyline: 370 Thursday 12/25/2025 10:00AM PST

wk1: NYG 6 @ 21 WAS wk2: WAS 18 @ 27 GB wk3: LV 24 @ 41 WAS
wk4: WAS 27 @ 34 ATL wk5: WAS 27 @ 10 LAC wk6: CHI 25 @ 24 WAS
wk7: WAS 22 @ 44 DAL wk8: WAS 7 @ 28 KC wk9: SEA 38 @ 14 WAS
wk10: DET 44 @ 22 WAS wk11: WAS 13 @ 16 MIA wk13: DEN 27 @ 26 WAS
wk14: WAS 0 @ 31 MIN wk15: WAS 29 @ 21 NYG wk16: PHI 29 @ 18 WAS

This once formidable squad, which reached the NFC Championship Game last year, now seems a shadow of its former self. Struggling to find consistency and facing challenges on both sides of the ball, their current performance

Head Coach: Dan Quinn
Off. Coord: Kliff Kingsbury
Def. Coord: Joe Whitt Jr.

Changes This Year: The Washington Commanders made several key roster moves in 2025, signing DT Javon Kinlaw to a three-year deal to bolster their run defense after releasing Jonathan Allen. They re-signed WR Terry McLaurin to a three-year extension and added veteran OLB Von Miller on a one-year deal. The team also traded draft picks to acquire LT Laremy Tunsil and focused on strengthening the defensive line

Pos	Stat	No	Name	Exp	YrsTm	Contract	ADP	PreRank	Rank	PrevTeams
QB	ACT	#5	Jayden Daniels	1			27	QB#3		
QB	ACT	#14	Josh Johnson	17			450	QB#87		
QB	ACT	#8	Marcus Mariota	10			459	QB#52		
QB	ACT	#15	Sam Hartman	1			0	QB#121		
RB	RES	#30	Austin Ekeler	8			99	RB#40		
RB	ACT	#36	Chris Rodriguez Jr.	2			0	RB#80		
RB	ACT	#22	Jacory Croskey-Merritt	0			95	RB#35		
RB	ACT	#26	Jeremy McNichols	8			0	RB#108		
WR	ACT	#19	Chris Moore	9			0	WR#240		
WR	ACT	#1	Deebo Samuel Sr.	6			96	WR#36		
WR	RES	#83	Jaylin Lane	0			423	WR#174		
WR	RES	#11	Luke McCaffrey	1			247	WR#91		
WR	RES	#85	Noah Brown	8			0	WR#149		
WR	ACT	#48	River Cracraft	8			412	WR#204		
WR	ACT	#17	Terry McLaurin	6			37	WR#18		
TE	ACT	#82	Ben Sinnott	1			0	TE#51		
TE	ACT	#80	Colson Yankoff	1			0	TE#144		
TE	ACT	#87	John Bates	4			304	TE#64		
TE	RES	#45	Tyree Jackson	6			0	TE#79		
DE	RES	#34	Antonio Hamilton	1			157	DE#18		
DE	RES	#86	Zach Ertz	12			157	DE#18		
DB	#39	Jeremy Reaves	DL	#99	Javon Kinlaw		157	DE#18		
DB	#31	Jonathan Jones	DL	#95	Jer'Zhan Newton		OL	#71	Andrew Wylie	
DB	#0	Mike Sainristil	DL	#52	Preston Smith		OL	#74	Brandon Coleman	
DB	#6	Noah Igbinoghene	DL	#66	Ricky Barber		OL	#75	Chris Paul	
DB	#35	Percy Butler	DL	#98	Sheldon Day		OL	#77	George Fant	
DB	#20	Quan Martin	DL	#79	Shy Tuttle		OL	#72	Josh Conerly Jr.	
DB	#18	Tyler Owens	LB	#51	Ale Kaho		OL	#78	Laremy Tunsil	
DB	#3	Will Harris	LB	#54	Bobby Wagner		OL	#67	Nick Allegretti	
DL	#94	Daron Payne	LB	#4	Frankie Luvu		OL	#73	Trent Scott	
DL	#93	Drake Jackson	LB	#58	Jordan Magee		OL	#63	Tyler Biadasz	
DL	#55	Jacob Martin	LB	#56	Kain Medrano		P	#10	Tress Way	
DL	#96	Jalyn Holmes	LB	#57	Nick Bellore					
			LB	#24	Von Miller					

2024 Draft

1.2: Jayden Daniels, QB, LSU
2.36: Jer'Zhan Newton, DL, Illinois
2.50: Mike Sainristil, DB, Michigan
2.53: Ben Sinnott, TE, Kansas St.
3.67: Brandon Coleman, OL, TCU
3.100: Luke McCaffrey, WR, Rice
5.139: Jordan Magee, LB, Temple
5.161: Dominique Hampton, CB, Washington
7.222: Javontae Jean-Baptiste, DL, Notre Dame

2023 Draft

1.16: Emmanuel Forbes, CB, Mississippi St.
2.47: Quan Martin, DB, Illinois
3.97: Ricky Stromberg, OL, Arkansas
4.118: Braeden Daniels, OL, Utah
5.137: K.J. Henry, DE, Clemson
6.193: Chris Rodriguez, RB, Kentucky
7.233: Andre Jones, DE, Louisiana

2022 Draft

1.16: Jahan Dotson, WR, Penn St.
2.47: Phidarian Mathis, DT, Alabama
3.98: Brian Robinson Jr., RB, Alabama
4.113: Percy Butler, S, Louisiana
5.144: Sam Howell, QB, North Carolina
5.149: Cole Turner, TE, Nevada
7.230: Chris Paul, OL, Tulsa
7.240: Christian Holmes, CB, Oklahoma St.