2026 NFL GAME DAY SHEET

SEA AT SF - FULL-COLOR EDITION

Sunday, Nov 29, 2026 | 4:25 PM ET / 1:25 PM PT | Levi's Stadium

Seattle Seahawks

Rank 10 | 2026 record 6-4 | Moneyline +148

HEAD COACH	OFFENSIVE COORDINATOR	DEFENSIVE COORDINATOR
Mike Macdonald	Brian Fleury	Aden Durde

2026 staff from the MyFootballToolbox Coaches database

TEAM OUTLOOK

SEA beat LV 21-13 in its latest completed game, producing 232 net passing yards and 150 rushing yards. Jaxon Smith-Njigba led the team's matched skill players in full-PPR scoring in that game. SEA visits SF in Week 12. Look for repeatable opportunities in the next matchup. The balance of rushing and passing production helps frame the prior performance, while the current personnel and matchup will shape how much of it carries forward.

Veteran additions include Emanuel Wilson, Irvin Charles, Rashid Shaheed, Quenton Nelson. 2026 draft additions include Jadarian Price, Bud Clark, Julian Neal, Beau Stephens.

RECENT GAMES - 2026 REGULAR SEASON

W6: L 14-17 @ DEN
W7: W 20-3 vs KC
W8: L 17-34 vs CHI
W9: W 17-3 vs ARI
W10: W 21-13 @ LV

KEY PLAYERS - 2026 STATS

#11 Jaxon Smith-Njigba (WR)
ADP 6 / WR#3 | 79 rec, 1,207 yds, 10 TD

#8 Jadarian Price (RB)
ADP 53 / RB#24 | 208 rush, 91 rec yds, 1 TD

#26 Zach Charbonnet (RB)
ADP 134 / RB#44 | 194 rush, 15 rec yds, 0 TD

#22 Rashid Shaheed (WR)
ADP 163 / WR#62 | 17 rec, 171 yds, 0 TD

#14 Sam Darnold (QB)
ADP 201 / QB#24 | 1,478 pass yds, 10 TD, 72 rush yds

#88 AJ Barner (TE)
ADP 217 / TE#26 | 26 rec, 229 yds, 1 TD

#13 Ernest Jones (LB)
98 tackles, 3 sacks, 1 INT

ACTIVE ROSTER - 52 PLAYERS

# 2 Drew Lock QB	#70 Beau Stephens OL	#32 Drake Thomas LB
# 6 Jalen Milroe QB	#67 Charles Cross OL	#13 Ernest Jones LB
#14 Sam Darnold QB	#76 Grey Zabel OL	#52 Patrick O'Connell LB
#38 Brady Russell RB	#61 Jalen Sundell OL	#48 Tyrice Knight LB
#23 Emanuel Wilson RB	#74 Josh Jones OL	# 7 Uchenna Nwosu LB
#36 George Holani RB	#55 Olu Oluwatimi OL	#27 Avery Smith DB
# 8 Jadarian Price RB	#53 Quenton Nelson OL	#21 Devon Witherspoon DB
#26 Zach Charbonnet RB	#95 Brandon Pili DL	#29 Josh Jobe DB
#10 Cooper Kupp WR	#91 Byron Murphy II DL	#20 Julian Love DB
#85 Irvin Charles WR	#90 Jarran Reed DL	#28 Nehemiah Pritchett DB
#11 Jaxon Smith-Njigba WR	#99 Leonard Williams DL	# 3 Nick Emmanwori DB
#22 Rashid Shaheed WR	#94 Mike Morris DL	#24 Rodney Thomas DB
#15 Tory Horton WR	#98 Rylie Mills DL	#39 Ty Okada DB
#88 AJ Barner TE	#44 Chazz Surratt LB	# 5 Jason Myers K
#81 Eric Saubert TE	#57 Connor O'Toole LB	# 4 Michael Dickson P
#89 Nick Kallerup TE	#56 Dante Fowler Jr. LB	#41 Chris Stoll LS
#72 Abraham Lucas OL	# 0 DeMarcus Lawrence LB	
#75 Anthony Bradford OL	#58 Derick Hall LB	

2026 NFL GAME DAY SHEET

SEA AT SF - FULL-COLOR EDITION

Sunday, Nov 29, 2026 | 4:25 PM ET / 1:25 PM PT | Levi's Stadium

San Francisco 49ers

Rank 1 | 2026 record 9-1 | Moneyline -176

HEAD COACH	OFFENSIVE COORDINATOR	DEFENSIVE COORDINATOR
Kyle Shanahan	Klay Kubiak	Raheem Morris

2026 staff from the MyFootballToolbox Coaches database

TEAM OUTLOOK

SF beat MIN 35-10 in its latest completed game, producing 253 net passing yards and 90 rushing yards. Mike Evans led the team's matched skill players in full-PPR scoring in that game. SF hosts SEA in Week 12. Look for repeatable opportunities in the next matchup. The balance of rushing and passing production helps frame the prior performance, while the current personnel and matchup will shape how much of it carries forward.

Veteran additions include Deebo Samuel Sr., Keenan Allen, Mike Evans, Jarrett Patterson. 2026 draft additions include De'Zhaun Stribling, Romello Height, Kaelon Black, Gracen Halton.

RECENT GAMES - 2026 REGULAR SEASON

W6: W 23-17 vs WAS
W7: L 20-29 @ ATL
W9: W 38-17 vs LV
W10: W 46-40 @ DAL
W11: W 35-10 vs MIN

KEY PLAYERS - 2026 STATS

#23 Christian McCaffrey (RB)
ADP 7 / RB#4 | 568 rush, 444 rec yds, 14 TD

#5 Mike Evans (WR)
ADP 62 / WR#29 | 33 rec, 529 yds, 4 TD

#85 George Kittle (TE)
ADP 78 / TE#7 | 47 rec, 591 yds, 7 TD

#13 Brock Purdy (QB)
ADP 102 / QB#12 | 2,624 pass yds, 23 TD, 222 rush yds

#19 Deebo Samuel Sr. (WR)
ADP 132 / WR#55 | 22 rec, 257 yds, 4 TD

#26 Kaelon Black (RB)
ADP 212 / RB#60 | 364 rush, 24 rec yds, 2 TD

#54 Fred Warner (LB)
94 tackles, 0.5 sacks, 0 INT

ACTIVE ROSTER - 53 PLAYERS

#13 Brock Purdy QB
#14 Kurtis Rourke QB
#10 Mac Jones QB
#23 Christian McCaffrey RB
#29 Jordan James RB
#26 Kaelon Black RB
#44 Kyle Juszczyk RB
#19 Deebo Samuel Sr. WR
#11 Demarcus Robinson WR
4 Jacob Cowing WR
#17 Jordan Watkins WR
3 Keenan Allen WR
5 Mike Evans WR
9 Brayden Willis TE
#85 George Kittle TE
#89 Luke Farrell TE
#74 Carver Willis OL
#68 Colton McKivitz OL
#75 Connor Colby OL
#77 Dominick Puni OL
#69 Enrique Cruz Jr. OL
#64 Jake Brendel OL
#58 Jarrett Patterson OL
#71 Trent Williams OL
#76 Vederian Lowe OL
#90 C.J. West DL
#99 DeForest Buckner DL
#96 James Thompson Jr. DL
#56 Keion White DL
#47 Khalid Kareem DL
#98 Mykel Williams DL
#97 Nick Bosa DL
#92 Osa Odighizuwa DL
#94 Romello Height DL
#55 Sebastian Valdez DL
#57 Dre Greenlaw LB
#54 Fred Warner LB
#49 Garret Wallow LB
#53 Jaden Dugger LB
#51 Luke Gifford LB
#48 Tatum Bethune LB
#24 Ashtyn Davis DB
2 Deommodore Lenoir DB
#28 Ephesians Prysock DB
#27 Ji'Ayir Brown DB
6 Malik Mustapha DB
#36 Marques Sigle DB
0 Renardo Green DB
#33 Siran Neal DB
#20 Upton Stout DB
#18 Eddy Pineiro K
#15 Corliss Waitman P
#46 Jon Weeks LS