FANTASY FOOTBALL GAME SHEET

Seattle Seahawks at San Francisco 49ers

Sunday, November 29 | 4:25 PM ET / 1:25 PM PT | Levi's Stadium

Seattle Seahawks

2025 RECORD	MFT POWER RANKING	OFFENSE RANKING	DEFENSE RANKING	2026 STATS	INJURY WATCH
14-3	#10	#16	#1	Available	5

MFT TEAM OUTLOOK

SEA beat LV 21-13 in its latest completed game, producing 232 net passing yards and 150 rushing yards. Jaxon Smith-Njigba led the team's matched skill players in full-PPR scoring in that game. SEA visits SF in Week 12. Look for repeatable opportunities in the next matchup. The balance of rushing and passing production helps frame the prior performance, while the current personnel and matchup will shape how much of it carries forward.

ACTIVE FANTASY PLAYERS

QUARTERBACKS (3)

Sam Darnold #14 — Questionable
2026: 92.3 PPR | 13.2 PPG | QB26 | ADP 201
1478 pass yds | 10 TD | 9 INT | 72 rush yds
Year 9 | 2018 NYJ R1 #3
SEA year 2 | Prior: CAR, SF, MIN

Drew Lock #2
2026: 62.4 PPR | 15.6 PPG | QB34 | ADP 488
837 pass yds | 7 TD | 0 INT | 49 rush yds
Year 8 | 2019 DEN R2 #42
SEA year 2 | Prior: DEN, NYG

Jalen Milroe #6
2025: -1.6 PPR | -0.5 PPG | QB81 | ADP 581
0 pass yds | 0 TD | 0 INT | 4 rush yds
Year 2 | 2025 SEA R3 #92
SEA year 2

RUNNING BACKS (5)

Zach Charbonnet #26
2026: 24.9 PPR | 8.3 PPG | RB72 | ADP 134
42 carries | 194 rush yds | 0 rush TD | 4 rec
Year 4 | 2023 SEA R2 #52
SEA year 4

Jadarian Price #8
2026: 42.9 PPR | 7.2 PPG | RB56 | ADP 53
56 carries | 208 rush yds | 1 rush TD | 11 rec
Rookie | 2026 SEA R1 #32
SEA year 1

Emanuel Wilson #23
2026: 74.8 PPR | 10.7 PPG | RB34 | ADP 279
111 carries | 403 rush yds | 3 rush TD | 6 rec
Year 4 | Entry 2023
SEA year 1 | Prior: GB

George Holani #36 — Injured reserve
2026: 36.5 PPR | 4.1 PPG | RB62 | ADP 243
37 carries | 117 rush yds | 1 rush TD | 12 rec
Year 3 | Entry 2024
SEA year 3

Brady Russell #38
2026: 7.0 PPR | 1.0 PPG | RB103 | ADP 559
0 carries | 0 rush yds | 0 rush TD | 3 rec
Year 4 | Entry 2023
SEA year 4

WIDE RECEIVERS (5)

Jaxon Smith-Njigba #11
2026: 263.2 PPR | 26.3 PPG | WR1 | ADP 6
109 tgt | 79 rec | 1207 rec yds | 10 rec TD
Year 4 | 2023 SEA R1 #20
SEA year 4

Rashid Shaheed #22
2026: 44.0 PPR | 5.5 PPG | WR92 | ADP 163
32 tgt | 17 rec | 171 rec yds | 0 rec TD
Year 5 | Entry 2022
SEA year 1 | Prior: NO

Cooper Kupp #10
2026: 68.2 PPR | 6.8 PPG | WR59 | ADP 227
35 tgt | 23 rec | 272 rec yds | 3 rec TD
Year 10 | 2017 LAR R3 #69
SEA year 2 | Prior: LAR

Tory Horton #15
2026: 29.5 PPR | 4.9 PPG | WR108 | ADP 275
19 tgt | 10 rec | 115 rec yds | 1 rec TD
Year 2 | 2025 SEA R5 #166
SEA year 2

Irvin Charles #85
2026: 0.0 PPR | 0.0 PPG | WR210 | ADP -
0 tgt | 0 rec | 0 rec yds | 0 rec TD
Year 5 | Entry 2022
SEA year 1 | Prior: NYJ

TIGHT ENDS (3)

AJ Barner #88
2026: 67.7 PPR | 6.8 PPG | TE27 | ADP 217
41 tgt | 26 rec | 229 rec yds | 1 rec TD
Year 3 | 2024 SEA R4 #121
SEA year 3

Eric Saubert #81
2026: 11.0 PPR | 1.4 PPG | TE76 | ADP 473
6 tgt | 3 rec | 20 rec yds | 1 rec TD
Year 10 | 2017 ATL R5 #174
SEA year 2 | Prior: DEN, HOU, SF

Nick Kallerup #89
2025: 0.0 PPR | 0.0 PPG | TE136 | ADP 601
1 tgt | 0 rec | 0 rec yds | 0 rec TD
Year 2 | Entry 2025
SEA year 2

KICKER: Jason Myers #5 | 2026 PPR 69.0 | FG 16/19 | XP 21/23

SEA D/ST: Defense Ranking #1 | No normalized team D/ST fantasy source is integrated for Version 1.

FANTASY INJURY WATCH

Questionable: QB Sam Darnold | Quadriceps
Injured reserve: TE Elijah Arroyo | Shoulder
Injured reserve: RB George Holani | Knee - MCL | estimated return Week 16
Injured reserve: WR Jake Bobo | Knee

ADP: owner-selected ordinal rank, shared across formats; source date unknown.
PPR | Dated injury listing; absence does not mean healthy | Unit ranks: season_to_date

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San Francisco 49ers

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12-5	#1	#2	#6	Available	5

MFT TEAM OUTLOOK

SF beat MIN 35-10 in its latest completed game, producing 253 net passing yards and 90 rushing yards. Mike Evans led the team's matched skill players in full-PPR scoring in that game. SF hosts SEA in Week 12. Look for repeatable opportunities in the next matchup. The balance of rushing and passing production helps frame the prior performance, while the current personnel and matchup will shape how much of it carries forward.

ACTIVE FANTASY PLAYERS

QUARTERBACKS (3)

Brock Purdy #13
2026: 225.2 PPR | 22.5 PPG | QB4 | ADP 102
2624 pass yds | 23 TD | 5 INT | 222 rush yds
Year 5 | 2022 SF R7 #262
SF year 5

Mac Jones #10
2026: -0.4 PPR | -0.1 PPG | QB67 | ADP 319
5 pass yds | 0 TD | 0 INT | -6 rush yds
Year 6 | 2021 NE R1 #15
SF year 2 | Prior: NE, JAX

Kurtis Rourke #14
2025: - PPR | - PPG | - | ADP 587
- pass yds | - TD | - INT | - rush yds
Year 2 | 2025 SF R7 #227
SF year 2

RUNNING BACKS (4)

Christian McCaffrey #23
2026: 227.2 PPR | 22.7 PPG | RB2 | ADP 7
127 carries | 568 rush yds | 11 rush TD | 42 rec
Year 10 | 2017 CAR R1 #8
SF year 5 | Prior: CAR

Kaelon Black #26
2026: 54.8 PPR | 5.5 PPG | RB46 | ADP 212
85 carries | 364 rush yds | 2 rush TD | 6 rec
Rookie | 2026 SF R3 #90
SF year 1

Kyle Juszczyk #44
2026: 31.3 PPR | 4.5 PPG | - | ADP 321
1 carries | 4 rush yds | 0 rush TD | 10 rec
Year 14 | 2013 BAL R4 #130
SF year 10 | Prior: BLT, BAL

Jordan James #29
2026: 6.0 PPR | 0.9 PPG | RB108 | ADP 247
10 carries | 39 rush yds | 0 rush TD | 1 rec
Year 2 | 2025 SF R5 #147
SF year 2

WIDE RECEIVERS (6)

Deebo Samuel Sr. #19
2026: 94.0 PPR | 13.4 PPG | WR40 | ADP 132
27 tgt | 22 rec | 257 rec yds | 4 rec TD
Year 8 | 2019 SF R2 #36
SF year 1 | Prior: WAS

Mike Evans #5
2026: 111.9 PPR | 16.0 PPG | WR24 | ADP 62
46 tgt | 33 rec | 529 rec yds | 4 rec TD
Year 13 | 2014 TB R1 #7
SF year 1 | Prior: TB

Keenan Allen #3
2026: 99.0 PPR | 9.9 PPG | WR32 | ADP -
69 tgt | 48 rec | 450 rec yds | 1 rec TD
Year 14 | 2013 SDG R3 #76
SF year 1 | Prior: LAC, CHI, IND

Demarcus Robinson #11
2026: 24.6 PPR | 8.2 PPG | WR116 | ADP 422
10 tgt | 8 rec | 106 rec yds | 1 rec TD
Year 11 | 2016 KC R4 #126
SF year 2 | Prior: KC, BAL, LAR

Jordan Watkins #17
2026: 48.2 PPR | 8.0 PPG | WR86 | ADP 584
17 tgt | 13 rec | 292 rec yds | 1 rec TD
Year 2 | 2025 SF R4 #138
SF year 2

Jacob Cowing #4
2026: 11.4 PPR | 1.1 PPG | WR152 | ADP 444
11 tgt | 5 rec | 52 rec yds | 0 rec TD
Year 3 | 2024 SF R4 #135
SF year 3

TIGHT ENDS (3)

George Kittle #85
2026: 146.1 PPR | 14.6 PPG | TE4 | ADP 78
65 tgt | 47 rec | 591 rec yds | 7 rec TD
Year 10 | 2017 SF R5 #146
SF year 10

Luke Farrell #89
2026: 8.0 PPR | 0.9 PPG | TE81 | ADP 465
7 tgt | 4 rec | 40 rec yds | 0 rec TD
Year 6 | 2021 JAX R5 #145
SF year 2 | Prior: JAX

Brayden Willis #9
2026: 0.0 PPR | 0.0 PPG | TE121 | ADP 554
0 tgt | 0 rec | 0 rec yds | 0 rec TD
Year 4 | 2023 SF R7 #247
SF year 4

KICKER: Eddy Pineiro #18 | 2026 PPR 60.0 | FG 8/11 | XP 36/40

SF D/ST: Defense Ranking #6 | No normalized team D/ST fantasy source is integrated for Version 1.

FANTASY INJURY WATCH

- Injured reserve: WR Christian Kirk | Knee - Meniscus | estimated return Week 13
- Injured reserve: WR De'Zhaun Stribling | Ankle | estimated return Week 13
- Injured reserve: TE Jake Tonges | Knee - MCL
- Injured reserve: WR Ricky Pearsall | Knee - PCL

ADP: owner-selected ordinal rank, shared across formats; source date unknown.
PPR | Dated injury listing; absence does not mean healthy | Unit ranks: season_to_date