2026 NFL GAME DAY SHEET

WAS AT ARI - FULL-COLOR EDITION

Sunday, Nov 29, 2026 | 4:25 PM ET / 1:25 PM PT | State Farm Stadium

Washington Commanders

Rank 19 | 2026 record 4-5-1 | Moneyline -413

HEAD COACH	OFFENSIVE COORDINATOR	DEFENSIVE COORDINATOR
Dan Quinn	David Blough	Daronte Jones

2026 staff from the MyFootballToolbox Coaches database

TEAM OUTLOOK

WAS beat CIN 22-20 in its latest completed game, producing 278 net passing yards and 150 rushing yards. Antonio Williams led the team's matched skill players in full-PPR scoring in that game. WAS visits ARI in Week 12. Look for repeatable opportunities in the next matchup. The balance of rushing and passing production helps frame the prior performance, while the current personnel and matchup will shape how much of it carries forward.

Veteran additions include Rachaad White, Stefon Diggs, Treylon Burks, Van Jefferson. 2026 draft additions include Sonny Styles, Antonio Williams, Joshua Josephs, Kaytron Allen.

RECENT GAMES - 2026 REGULAR SEASON

W6: L 17-23 @ SF

W8: W 27-10 vs PHI

W9: L 13-20 vs LA

W10: W 24-21 @ NYG

W11: W 22-20 vs CIN

KEY PLAYERS - 2026 STATS

#5 Jayden Daniels (QB)
ADP 57 / QB#3 | 1,788 pass yds, 10 TD, 335 rush yds

#3 Stefon Diggs (WR)
ADP 88 / WR#38 | 40 rec, 431 yds, 6 TD

#1 Rachaad White (RB)
ADP 100 / RB#36 | 275 rush, 134 rec yds, 3 TD

#14 Antonio Williams (WR)
ADP 252 / WR#91 | 37 rec, 448 yds, 2 TD

#8 Marcus Mariota (QB)
ADP 341 / QB#47 | 340 pass yds, 4 TD, 49 rush yds

#13 Treylon Burks (WR)
ADP 377 / WR#113 | 16 rec, 290 yds, 2 TD

#16 Athan Kaliakmanis (QB)
ADP 618 / QB#86 | 186 pass yds, 1 TD, 16 rush yds

#52 Sonny Styles (LB)
83 tackles, 1 sacks, 1 INT

ACTIVE ROSTER - 53 PLAYERS

#16 Athan Kaliakmanis QB
5 Jayden Daniels QB
8 Marcus Mariota QB
#30 Austin Ekeler RB
1 Rachaad White RB
#34 Robert Henry Jr. RB
#14 Antonio Williams WR
#11 Luke McCaffrey WR
3 Stefon Diggs WR
#13 Treylon Burks WR
#12 Van Jefferson WR
#82 Ben Sinnott TE
#85 Chig Okonkwo TE
#80 Colson Yankoff TE
#87 John Bates TE
#71 Andrew Wylie OL
#74 Brandon Coleman OL
#75 Chris Paul OL
#72 Josh Conerly Jr. OL
#63 Lucas Patrick OL
#66 Matt Gulbin OL
#67 Nick Allegretti OL
#76 Sam Cosmi OL
#62 Tanoa Togiai OL
#90 Charles Omenihu DL
#91 Deatrich Wise DL
#95 Jer'Zhan Newton DL
#50 Ricky Barber DL
#96 Shy Tuttle DL
#97 Tim Settle DL
#51 Ale Kaho LB
#92 Dorance Armstrong LB
4 Frankie Luvu LB
#58 Jordan Magee LB
#48 Joshua Josephs LB
#45 K'Lavon Chaisson LB
#56 Kain Medrano LB
#98 Odafe Oweh LB
#52 Sonny Styles LB
2 Amik Robertson DB
#24 Fabian Moreau DB
#37 Isaac Yiadom DB
#39 Jeremy Reaves DB
0 Mike Sainristil DB
#25 Nick Cross DB
#35 Percy Butler DB
#20 Quan Martin DB
#29 Rasul Douglas DB
#23 Trey Amos DB
#18 Tyler Owens DB
#19 Drew Stevens K
#10 Tress Way P
#69 Tyler Ott LS

2026 NFL GAME DAY SHEET

WAS AT ARI - FULL-COLOR EDITION

Sunday, Nov 29, 2026 | 4:25 PM ET / 1:25 PM PT | State Farm Stadium

Arizona Cardinals

Rank 28 | 2026 record 3-8 | Moneyline +325

HEAD COACH	OFFENSIVE COORDINATOR	DEFENSIVE COORDINATOR
Mike LaFleur	Nathaniel Hackett	Nick Rallis

2026 staff from the MyFootballToolbox Coaches database

TEAM OUTLOOK

ARI lost to KC 7-34 in its latest completed game, producing 130 net passing yards and 75 rushing yards. Trey McBride led the team's matched skill players in full-PPR scoring in that game. ARI hosts WAS in Week 12. Look for repeatable opportunities in the next matchup. The balance of rushing and passing production helps frame the prior performance, while the current personnel and matchup will shape how much of it carries forward.

Veteran additions include Josh Johnson, Evan Hull, Tyler Allgeier, Devin Duvernay. 2026 draft additions include Jeremiyah Love, Chase Bisontis, Carson Beck, Kaleb Proctor.

RECENT GAMES - 2026 REGULAR SEASON

W7: L 16-30 vs DEN
W8: W 33-30 @ DAL
W9: L 3-17 @ SEA
W10: L 6-34 vs LA
W11: L 7-34 @ KC

KEY PLAYERS - 2026 STATS

#85 Trey McBride (TE)
ADP 20 / TE#1 | 87 rec, 689 yds, 5 TD

#22 Tyler Allgeier (RB)
ADP 151 / RB#50 | 406 rush, 128 rec yds, 3 TD

#20 Bam Knight (RB)
ADP 282 / RB#89 | 222 rush, 53 rec yds, 0 TD

#19 Carson Beck (QB)
ADP 316 / QB#37 | 108 pass yds, 0 TD, 1 rush yds

#84 Elijah Higgins (TE)
ADP 380 / TE#52 | 19 rec, 166 yds, 1 TD

#89 Hunter Long (TE)
ADP 478 / TE#91 | 4 rec, 33 yds, 0 TD

#82 Reggie Virgil (WR)
ADP 484 / WR#158 | 3 rec, 54 yds, 0 TD

#3 Budda Baker (DB)
74 tackles, 3.5 sacks, 1 INT

ACTIVE ROSTER - 53 PLAYERS

#19 Carson Beck QB
#18 Joey Aguilar QB
9 Josh Johnson QB
#20 Bam Knight RB
#26 Evan Hull RB
#22 Tyler Allgeier RB
#81 Devin Duvernay WR
#83 Harrison Wallace III WR
#82 Reggie Virgil WR
#80 Simi Fehoko WR
7 Zay Jones WR
#84 Elijah Higgins TE
#89 Hunter Long TE
#47 Teagan Quitoriano TE
#85 Trey McBride TE
#65 Elijah Wilkinson OL
#58 Hayden Conner OL
#72 Hjalte Froholdt OL
#73 Isaac Seumalo OL
#74 Isaiah Adams OL
#66 Jayden Williams OL
#79 Jedrick Wills OL
#71 Jon Gaines II OL
#78 Josh Fryar OL
#64 Kingsley Eguakun OL
#95 Andrew Billings DL
#55 Dante Stills DL
#56 Darius Robinson DL
#98 Jared Harrison-Hunte DL
#91 L.J. Collier DL
#51 Roy Lopez DL
#97 Walter Nolen DL
5 Baron Browning LB
0 Cody Simon LB
#54 Eku Leota LB
#50 Jack Gibbens LB
#10 Josh Sweat LB
#43 Karson Sharar LB
1 Mack Wilson LB
#25 Zaven Collins LB
3 Budda Baker DB
#42 Dadrion Taylor-Demerson DB
#29 Denzel Burke DB
#21 Garrett Williams DB
#35 Kalen King DB
#13 Kei'Trel Clark DB
#36 Kitan Crawford DB
#16 Max Melton DB
#24 Starling Thomas V DB
#31 Wydett Williams Jr. DB
#38 Chad Ryland K
#12 Blake Gillikin P
#59 Casey Kreiter LS