

# NFL Pick Sheet – 2025 Week 16 – MFT Expert Picks

Pick

**#16**



O/U: ---



LV at HOU



HOU favored by 14.5 pt

Las Vegas Raiders – Record (2-12) – Power Ranking #32  
 1 LV 20 at 13 NE     2 LAC 20 at 9 LV

Currently, the Raiders are struggling significantly and hold the position as the worst team in the league. Their performance on the field barely resembles competition, with frequent lapses in both...

Houston Texans – Record (9-5) – Power Rank #8  
 1 HOU 9 at 14 LA     2 TB 20 at 19 HOU

Coming off six consecutive victories, the Texans have emerged as a formidable force that no one wants to face in the postseason. Their offense has surged, displaying a dynamic and high-scoring capability...

**#15**



BUF favored by 10.5 pt



BUF at CLE



O/U: ---

Buffalo Bills – Record (10-4) – Power Ranking #4  
 1 BAL 40 at 41 BUF     2 BUF 30 at 10 NYJ

In an impressive display of resilience, the Bills showcased their character by rallying from a 21-0 deficit to defeat the Patriots. This kind of comeback underscores their mental toughness and ability...

Cleveland Browns – Record (3-11) – Power Rank #28  
 1 CIN 17 at 16 CLE     2 CLE 17 at 41 BAL

The good news is that Myles Garrett is on a trajectory to potentially break the sack record, showcasing his dominance on the field. Unfortunately, the Cleveland Browns as a whole are struggling, with...

**#14**



PHI favored by 7 pt



PHI at WAS



O/U: ---

Philadelphia Eagles – Record (9-5) – Power Ranking #12  
 1 DAL 20 at 24 PHI     2 PHI 20 at 17 KC

Encountering the Raiders often provides a much-needed boost for teams looking to regain their form, and this proved true for the Eagles in their latest matchup. Following some challenging weeks, Philadelphia...

Washington Commanders – Record (4-10) – Power Rank #26  
 1 NYG 6 at 21 WAS     2 WAS 18 at 27 GB

Securing a road victory against the Giants may not be the most impressive feat, but it demonstrates that the Commanders are still competing with determination and intensity. This performance...

**#13**



SF favored by 5.5 pt



SF at IND



O/U: ---

San Francisco 49ers – Record (10-4) – Power Ranking #9  
 1 SF 17 at 13 SEA     2 SF 26 at 21 NO

Boasting an impressive 10 victories so far, the 49ers have demonstrated remarkable resilience, overcoming numerous injuries to secure their spot as a playoff contender. Their depth and ability to...

Indianapolis Colts – Record (8-6) – Power Rank #17  
 1 MIA 8 at 33 IND     2 DEN 28 at 29 IND

While Philip Rivers wasn't terrible, his reluctance to throw the ball downfield limited the Colts' offensive potential. Without a more dynamic passing attack, winning games could prove challenging. To...

**#12**



O/U: ---



PIT at DET



DET favored by 7 pt

Pittsburgh Steelers – Record (8-6) – Power Ranking #14  
 1 PIT 34 at 32 NYJ     2 SEA 31 at 17 PIT

After a commanding victory against the Dolphins on Monday night, the Steelers remain at the top of their division. However, they'll face a significant challenge this week as they travel to Detroit for a...

Detroit Lions – Record (8-6) – Power Rank #13  
 1 DET 13 at 27 GB     2 CHI 21 at 52 DET

Currently sitting at 8-6, the Lions are in a precarious position with little room for error. Their defense has emerged as a critical concern and may prove to be their Achilles' heel down the stretch. To...

**#11**



O/U: ---



NYJ at NO



NO favored by 5.5 pt

New York Jets – Record (3-11) – Power Ranking #29  
 1 PIT 34 at 32 NYJ     2 BUF 30 at 10 NYJ

Things continue to deteriorate for the Jets, with each week bringing new struggles. The defense is faltering significantly, and the quarterback situation leaves much to be desired. To make matters...

New Orleans Saints – Record (4-10) – Power Rank #24  
 1 ARI 20 at 13 NO     2 SF 26 at 21 NO

Tyler Shough's performance over the past two weeks has been nothing short of impressive, providing a much-needed boost of optimism for the Saints. The team should feel encouraged by the development of...

**#10**



MIN favored by 3 pt



MIN at NYG



O/U: ---

Minnesota Vikings – Record (6-8) – Power Ranking #18  
 1 MIN 27 at 24 CHI     2 ATL 22 at 6 MIN

J.J. McCarthy's impressive performance against the Cowboys is a promising indicator for the Vikings. Consistency will be key, though, as he needs to build on this momentum in upcoming games....

New York Giants – Record (2-12) – Power Rank #31  
 1 NYG 6 at 21 WAS     2 NYG 37 at 40 DAL

The Giants' season strategy seems to be benefiting from their continued losses, as this positions them to potentially secure the No. 1 overall draft pick. This could play a crucial role in...

**#9**



ATL favored by 3 pt



ATL at ARI



O/U: ---

Atlanta Falcons – Record (5-9) – Power Ranking #22  
 1 TB 23 at 20 ATL     2 ATL 22 at 6 MIN

After a promising performance against the Buccaneers, there's a glimmer of hope for the Falcons. However, this resurgence might fall short of securing Raheem Morris's position as head coach. Meanwhile...

Arizona Cardinals – Record (3-11) – Power Rank #30  
 1 ARI 20 at 13 NO     2 CAR 22 at 27 ARI

Hopes of this being a breakthrough year for the Cardinals appear to be fading rapidly. What once seemed like a promising season has now become a struggle, raising questions about potential changes in...

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Pick

 <b>#8</b>	<b>KC favored by 3 pt</b>	 <b>KC at TEN</b> 	<b>O/U: ---</b>
	<p>Kansas City Chiefs – Record (6-8) – Power Ranking #21  <input type="checkbox"/> 1 KC 21 at 27 LAC   <input type="checkbox"/> 2 PHI 20 at 17 KC</p> <p><i>The season has taken a devastating turn with the Chiefs' playoff hopes dashed and Patrick Mahomes sidelined by a torn ACL. This unfortunate development casts doubt on the team's immediate future...</i></p>	<p>Tennessee Titans – Record (2-12) – Power Rank #27  <input type="checkbox"/> 1 TEN 12 at 20 DEN   <input type="checkbox"/> 2 LA 33 at 19 TEN</p> <p><i>In their recent matchup against the 49ers, the Titans' offense showed signs of improvement, marking a positive step forward. It's clear that this young squad is focused on development and refining their...</i></p>	
 <b>#7</b>	<b>O/U: ---</b>	 <b>JAX at DEN</b> 	<b>DEN favored by 3 pt</b>
	<p>Jacksonville Jaguars – Record (10-4) – Power Ranking #6  <input type="checkbox"/> 1 CAR 10 at 26 JAX   <input type="checkbox"/> 2 JAX 27 at 31 CIN</p> <p><i>Building momentum with a five-game winning streak, the Jaguars are benefiting from Trevor Lawrence playing the best football of his career. This week presents a significant challenge as they head to...</i></p>	<p>Denver Broncos – Record (12-2) – Power Rank #1  <input type="checkbox"/> 1 TEN 12 at 20 DEN   <input type="checkbox"/> 2 DEN 28 at 29 IND</p> <p><i>After a convincing victory over the Packers, the Broncos have climbed to the top of the rankings. Bo Nix delivered an outstanding performance, reinforcing their position as the team to beat in the...</i></p>	
 <b>#6</b>	<b>CIN favored by 4.5 pt</b>	 <b>CIN at MIA</b> 	<b>O/U: ---</b>
	<p>Cincinnati Bengals – Record (4-10) – Power Ranking #25  <input type="checkbox"/> 1 CIN 17 at 16 CLE   <input type="checkbox"/> 2 JAX 27 at 31 CIN</p> <p><i>Despite adding a few key pieces in the offseason, the Bengals seemed disoriented in their matchup against the Ravens. Joe Burrow's body language on the field raises questions about his current satisfaction...</i></p>	<p>Miami Dolphins – Record (6-8) – Power Rank #23  <input type="checkbox"/> 1 MIA 8 at 33 IND   <input type="checkbox"/> 2 NE 33 at 27 MIA</p> <p><i>After a disappointing loss to the Steelers on Monday night, any lingering hopes for a playoff berth have been dashed. The outcome casts uncertainty over the future leadership in Miami, with a...</i></p>	
 <b>#5</b>	<b>TB favored by 3 pt</b>	 <b>TB at CAR</b> 	<b>O/U: ---</b>
	<p>Tampa Bay Buccaneers – Record (7-7) – Power Ranking #20  <input type="checkbox"/> 1 TB 23 at 20 ATL   <input type="checkbox"/> 2 TB 20 at 19 HOU</p> <p><i>Despite recent struggles, the Buccaneers remain at the top of the NFC South as they prepare to face the Panthers. However, their defense has been subpar, which is a concern as they look to maintain their...</i></p>	<p>Carolina Panthers – Record (7-7) – Power Rank #16  <input type="checkbox"/> 1 CAR 10 at 26 JAX   <input type="checkbox"/> 2 CAR 22 at 27 ARI</p> <p><i>Suffering a loss to the Saints isn't ideal as they prepare for a crucial matchup against the Buccaneers this week. However, they still have the advantage of controlling their own destiny....</i></p>	
 <b>#4</b>	<b>O/U: ---</b>	 <b>LA at SEA</b> 	<b>SEA favored by 1.5 pt</b>
	<p>LA – Record (11-3) – Power Ranking #2  <input type="checkbox"/> 1 HOU 9 at 14 LA   <input type="checkbox"/> 2 LA 33 at 19 TEN</p> <p><i>After an impressive offensive performance against the Lions, the Rams need to address their defensive vulnerabilities, as they allowed too many big plays. As they prepare to face Seattle this week, tightening...</i></p>	<p>Seattle Seahawks – Record (11-3) – Power Rank #3  <input type="checkbox"/> 1 SF 17 at 13 SEA   <input type="checkbox"/> 2 SEA 31 at 17 PIT</p> <p><i>Managing to defeat the Colts without crossing the end zone for a touchdown certainly raises concerns about offensive efficiency. Facing the Rams this week, they'll need to elevate their gameplay...</i></p>	
 <b>#3</b>	<b>GB favored by 1.5 pt</b>	 <b>GB at CHI</b> 	<b>O/U: ---</b>
	<p>Green Bay Packers – Record (9-4-1) – Power Ranking #10  <input type="checkbox"/> 1 DET 13 at 27 GB   <input type="checkbox"/> 2 WAS 18 at 27 GB</p> <p><i>The injuries could very well derail the Cowboys' season aspirations. Losing Micah Parsons to a torn ACL is a devastating blow, impacting both their defensive prowess and overall team performance. Despite...</i></p>	<p>Chicago Bears – Record (10-4) – Power Rank #7  <input type="checkbox"/> 1 MIN 27 at 24 CHI   <input type="checkbox"/> 2 CHI 21 at 52 DET</p> <p><i>Holding the top spot in the NFC North, the Bears are gearing up for a crucial rematch with the Packers. This matchup is pivotal, with the division title well within their grasp. Consistency and focus will be...</i></p>	
 <b>#2</b>	<b>O/U: ---</b>	 <b>LAC at DAL</b> 	<b>DAL favored by 2.5 pt</b>
	<p>Los Angeles Chargers – Record (10-4) – Power Ranking #11  <input type="checkbox"/> 1 KC 21 at 27 LAC   <input type="checkbox"/> 2 LAC 20 at 9 LV</p> <p><i>Two victories in six days can significantly alter a team's trajectory, as demonstrated by the Chargers with their impressive wins over the Eagles and Chiefs in consecutive weeks. The defense has</i></p>	<p>Dallas Cowboys – Record (6-7-1) – Power Rank #19  <input type="checkbox"/> 1 DAL 20 at 24 PHI   <input type="checkbox"/> 2 NYG 37 at 40 DAL</p> <p><i>Despite early hopes for a playoff push, recent performances have dashed those expectations. The last two weeks have highlighted significant areas for improvement and revealed the obstacles that lie...</i></p>	
 <b>#1</b>	<b>O/U: ---</b>	 <b>NE at BAL</b> 	<b>BAL favored by 3 pt</b>
	<p>New England Patriots – Record (11-3) – Power Ranking #5  <input type="checkbox"/> 1 LV 20 at 13 NE   <input type="checkbox"/> 2 NE 33 at 27 MIA</p> <p><i>After squandering a 21-0 lead against the Bills, the Patriots are certainly feeling the sting of a missed opportunity. Unfortunately, their schedule doesn't offer much relief as they prepare for a...</i></p>	<p>Baltimore Ravens – Record (7-7) – Power Rank #15  <input type="checkbox"/> 1 BAL 40 at 41 BUF   <input type="checkbox"/> 2 CLE 17 at 41 BAL</p> <p><i>The dominant performance against the Bengals showcased the potential and expectations set for the Ravens this season. Building on that momentum with a standout performance in the upcoming matchup against...</i></p>	