NFL Pick Sheet - 2025 Week 3 - MFT Expert Picks

Pick

O/U: ---

MIA at BUF

BUF favored by 12.5 pt

Miami Dolphins - Record (0-2) - Power Ranking #32

☐ 2 NE 33 at 27 MIA ☐ 1 MIA 8 at 33 IND

□ 1 BAL 40 at 41 BUF □ 2 BUF 30 at 10 NYJ With a 0-2 record, the Dolphins are set to face the Bills in Buffalo

The Bills showcased their dominance against the Jets, asserting themselves as one of the league's top contenders after just two weeks. Their defense stood out significantly in their victory over...

Buffalo Bills - Record (2-0) - Power Rank #2

GB favored by 8.5 pt



GB at CLE



O/U: ---

Green Bay Packers - Record (2-0) - Power Ranking #3

for a Thursday night matchup. Should the game turn out unfavorable

for them, the pressure on head coach Mike McDaniel could intensify....

□ 1 DET 13 at 27 GB □ 2 WAS 18 at 27 GB

The Packers' defense is exceptional. I was confident in their chances to reach the Super Bowl even before Micah Parsons joined the squad, and his addition only strengthens my belief in that prediction....

Cleveland Browns - Record (0-2) - Power Rank #31 □ 1 CIN 17 at 16 CLE □ 2 CLE 17 at 41 BAL

With a 0-2 record and following a rough performance from Joe Flacco, there's increasing buzz around the possibility of turning to Dillon Gabriel. It might not be long before that change becomes necessary...

O/U: ---

NYJ at TB

TB favored by 7 pt

New York Jets - Record (0-2) - Power Ranking #28 □ 1 PIT 34 at 32 NYJ □ 2 BUF 30 at 10 NYJ

The Jets have found themselves in a tough position with a 0-2 start to the season. Their defense has considerably underperformed, raising significant concerns. The situation is pressing and requires urgent...

Tampa Bay Buccaneers - Record (2-0) - Power Rank #6 □ 1 TB 23 at 20 ATL ☐ 2 TB 20 at 19 HOU

That was an impressive game-winning drive by Baker Mayfield, even with two backup players on the offensive line. Securing two victories on the road to start the season has the Buccaneers off to a strong...

O/U: ---

NO at SEA 🗪

SEA favored by 7.5 pt

New Orleans Saints - Record (0-2) - Power Ranking #29 □ 1 ARI 20 at 13 NO □ 2 SF 26 at 21 NO

The focus for the Saints is primarily on the upcoming draft, but they're still putting in a strong effort on the field. This determination is a promising indicator for Kellen Moore. However, the... Seattle Seahawks - Record (1-1) - Power Rank #16 ☐ 1 SF 17 at 13 SEA □ 2 SEA 31 at 17 PIT

Securing a road victory in Pittsburgh reflects positively on the Seahawks. Their defense is likely to pose significant challenges for rival offenses. This approach is both effective and understated...

KC favored by 6 pt

O/U: --

Kansas City Chiefs - Record (0-2) - Power Ranking #10 □ 1 KC 21 at 27 LAC
□ 2 PHI 20 at 17 KC

The Chiefs find themselves facing an 0-2 start for the first time since 2014, and right now, they don't seem poised to reverse their fortunes easily. It will require a significant effort from Patrick...

New York Giants - Record (0-2) - Power Rank #27 ☐ 1 NYG 6 at 21 WAS
☐ 2 NYG 37 at 40 DAL

Russell Wilson showed some promising moments during the defeat to the Cowboys, which should temporarily quell discussions surrounding Jaxson Dart. However, the Giants still find themselves at 0-2....

ATL favored by 5.5 pt

ATL at CAR A

O/U: ---

Atlanta Falcons – Record (1-1) – Power Ranking #20 □ 1 TB 23 at 20 ATL ☐ 2 ATL 22 at 6 MIN

The Falcons put on a remarkable defensive performance against the Vikings on Sunday night. With several young talents on their defense, it's a promising development for the future. This display was very...

Carolina Panthers - Record (0-2) - Power Rank #30 □ 1 CAR 10 at 26 JAX □ 2 CAR 22 at 27 ARI

The Panthers are currently 0-2, but showed some resilience in their recent game by making a late comeback effort against the Cardinals. Bryce Young had to throw the ball 55 times, a number that's certainly...

O/U: ---

LV at WAS

Washington Commanders - Record (1-1) - Power Rank #8

WAS favored by 3.5 pt

The excitement from the Raiders' Week 1 road victory disappeared after their disappointing performance against the Chargers on Monday night. Geno Smith's efforts fell short. This summary maintains a...

☐ 2 LAC 20 at 9 LV

Las Vegas Raiders – Record (1-1) – Power Ranking #22

□ 1 NYG 6 at 21 WAS
□ 2 WAS 18 at 27 GB

The Commanders' offense appeared out of sync during their defeat to the Packers, and to make matters worse, Jayden Daniels is now dealing with a knee injury. This development adds to the team's already...

IND favored by 3.5 pt



IND at TEN

O/U: ---

Indianapolis Colts - Record (2-0) - Power Ranking #13 ☐ 1 MIA 8 at 33 IND ☐ 2 DEN 28 at 29 IND

The Colts have kicked off the season on a strong note, thanks to impressive performances from quarterback Daniel Jones. Just how impressive? They have yet to punt and made league history by scoring.

Tennessee Titans - Record (0-2) - Power Rank #25 □ 1 TEN 12 at 20 DEN □ 2 LA 33 at 19 TEN

In Week 1, the Titans' defense showed promise, but it struggled against the Rams in the subsequent matchup. This week, they face the unbeaten Colts, providing an opportunity to bounce back....

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BAL favored by 4.5 pt

Detroit Lions - Record (1-1) - Power Ranking #9 □ 1 DET 13 at 27 GB
□ 2 CHI 21 at 52 DET

Baltimore Ravens - Record (1-1) - Power Rank #4 □ 1 BAL 40 at 41 BUF □ 2 CLE 17 at 41 BAL

The offensive performance displayed by the Lions in their game against the Bears was reminiscent of last year's prowess. Jared Goff delivered an exceptional performance. Ben who? 1. The coverage is...

Following a challenging defeat by the Bills, the Ravens made a strong comeback with a significant victory over the Browns. This performance aligns with the high expectations typically associated with the ...

O/U: ---

LA at PHI

PHI favored by 3.5 pt

LA - Record (2-0) - Power Ranking #7 ☐ 1 HOU 9 at 14 LA ☐ 2 LA 33 at 19 TEN

Philadelphia Eagles - Record (2-0) - Power Rank #1 □ 1 DAL 20 at 24 PHI □ 2 PHI 20 at 17 KC



The Rams managed to ignite their offense on the road against the Titans following a sluggish beginning in their first game. This week, they are set to face the Eagles in a rematch of last season's playoff... In the opening two weeks, the Eagles' offensive performance hasn't been as sharp as it was last season, but improvement is expected. With the level of talent they possess on offense, it's likely just a...

O/U: ---



LAC favored by 2.5 pt

Denver Broncos - Record (1-1) - Power Ranking #11 ☐ 1 TEN 12 at 20 DEN ☐ 2 DEN 28 at 29 IND

What happened to the Broncos' defense against the Colts? This raises

some concerns, especially considering that just two weeks ago, it was

The focus needs to shift to the Chargers' defense, as they are performing exceptionally well. Under the guidance of Coordinator Jesse Minter, the unit has been playing outstanding football....

Los Angeles Chargers - Record (2-0) - Power Rank #5

□ 2 LAC 20 at 9 LV

regarded as one of the top defenses in the league. 3. The analysis... PIT favored by 1.5 pt



PIT at NE



O/U: -

Pittsburgh Steelers - Record (1-1) - Power Ranking #17 ☐ 1 PIT 34 at 32 NYJ ☐ 2 SEA 31 at 17 PIT

Disregard any discussions about Aaron Rodgers for the moment. The defense is currently underperforming and needs significant improvement. There should be a focus on strengthening that aspect of...

New England Patriots - Record (1-1) - Power Rank #23 ☐ 1 LV 20 at 13 NE ☐ 2 NE 33 at 27 MIA

The game in Miami was far from flawless, but the Patriots managed to come out on top against the Dolphins. Quarterback Drake Maye showed improvement compared to his performance in the first game, which...

O/U: ---

ARI at SF

☐ 1 KC 21 at 27 LAC

SF favored by 1.5 pt

Arizona Cardinals - Record (2-0) - Power Ranking #18 ☐ 1 ARI 20 at 13 NO □ 2 CAR 22 at 27 ARI

The Cardinals boast a 2-0 record, although they certainly kept fans on the edge of their seats against the Panthers. It's clear they need to improve on closing out games, as both of their wins have narrowly...

San Francisco 49ers - Record (2-0) - Power Rank #12 □ 1 SF 17 at 13 SEA ☐ 2 SF 26 at 21 NO

The 49ers have started the season strongly with a 2-0 record. securing both victories on the road, including one game led by their backup quarterback. It's a solid beginning to the campaign. Mac Jones.

O/U: ---

CIN at MIN

MIN favored by 3 pt

Cincinnati Bengals – Record (2-0) – Power Ranking #14 □ 1 CIN 17 at 16 CLE □ 2 JAX 27 at 31 CIN

With Joe Burrow sidelined for a minimum of three months, the Cincinnati Bengals are turning to Jake Browning. Although Browning has shown promise and secured a victory against the Jaguars on...

Minnesota Vikings – Record (1-1) – Power Rank #21 □ 1 MIN 27 at 24 CHI
□ 2 ATL 22 at 6 MIN

J.J. McCarthy had a tough game against the Falcons and is now sidelined for a while due to a high ankle sprain. Consequently, Carson Wentz will step in as the starting quarterback for the...

O/U: ---

HOU at JAX

JAX favored by 1.5 pt

Houston Texans – Record (0-2) – Power Ranking #15 ☐ 2 TB 20 at 19 HOU

What's happening with the Texans' offense? Their scoring output is notably lacking after the first two games, which raises significant concerns. Additionally, the offensive line continues to be a...

Jacksonville Jaguars - Record (1-1) - Power Rank #24 □ 1 CAR 10 at 26 JAX □ 2 JAX 27 at 31 CIN

The Jaguars will be feeling the sting of their loss to the Bengals for quite some time. It was a game they should not have dropped, especially against a backup quarterback. They need to find a way to...

O/U: ---

DAL at CHI

CHI favored by 1.5 pt

Dallas Cowboys - Record (1-1) - Power Ranking #19 □ 1 DAL 20 at 24 PHI □ 2 NYG 37 at 40 DAL

Chicago Bears - Record (0-2) - Power Rank #26 □ 1 MIN 27 at 24 CHI
□ 2 CHI 21 at 52 DET

rally and secure an overtime victory against the Giants. Despite this win, numerous challenges remain, particularly with their secondary,...

After beginning the season with an 0-2 record, the Cowboys managed to The hope that Ben Johnson could immediately revitalize the Lions may not have materialized just yet. However, it's far too soon to panic or make any hasty judgments. In conclusion, this is a straightforward...