NFL Pick Sheet - 2025 Week 4 - MFT Expert Picks

Pick

O/U: ---

NO at BUF

BUF favored by 16.5 pt

New Orleans Saints - Record (0-3) - Power Ranking #32 ☐ 2 SF 26 at 21 NO ☐ 1 ARI 20 at 13 NO

Unpleasant, Unpleasant, Unpleasant, That sums up the events in Seattle. This is the result when salary cap issues and aging players take their toll on the Seahawks

Cleveland Browns - Record (1-2) - Power Ranking #21

□ 1 CIN 17 at 16 CLE □ 2 CLE 17 at 41 BAL

Buffalo Bills - Record (3-0) - Power Rank #2 □ 1 BAL 40 at 41 BUF □ 2 BUF 30 at 10 NYJ

The Bills' performance against Miami might not have been their finest, but managing a 10-point victory over a divisional rival despite not playing at their best indicates the mark of a strong...

O/U: ---

CLE at DET

DET favored by 8.5 pt Detroit Lions - Record (2-1) - Power Rank #3

□ 1 DET 13 at 27 GB
□ 2 CHI 21 at 52 DET

The Browns' defense has been exceptional over the past three weeks, and their victory against the Packers highlighted this unit's effectiveness. However, the offense needs to step up its game or...

On Monday night, the Lions dominated the Ravens, showcasing their traditional ground-and-pound offensive approach. Their defense was impressive as well, recording seven sacks throughout the game. This...

LAC favored by 6 pt



LAC at NYG III

O/U: --

O/U: -

Los Angeles Chargers - Record (3-0) - Power Ranking #4 ☐ 1 KC 21 at 27 LAC
☐ 2 LAC 20 at 9 LV Justin Herbert currently tops the league in passing yards. That's

New York Giants - Record (0-3) - Power Rank #29 ☐ 1 NYG 6 at 21 WAS
☐ 2 NYG 37 at 40 DAL

quite the achievement for a team coached by Jim Harbaugh. The Chargers are gaining attention without unnecessary flair, focusing on...

It's time for a change. Russell Wilson needs to be benched. His performance against the Kansas City Chiefs was subpar, throwing two interceptions and failing to execute on a crucial late drive....

GB favored by 7 pt



GB at DAL

Dallas Cowboys - Record (1-2) - Power Rank #23

☐ 1 DAL 20 at 24 PHI ☐ 2 NYG 37 at 40 DAL



Where is the offense? The defense has been impressive, but the offense isn't delivering enough. This shortcoming was evident in their game against Cleveland....

Green Bay Packers - Record (2-1) - Power Ranking #7

□ 1 DET 13 at 27 GB □ 2 WAS 18 at 27 GB

Wow, that defense is really struggling! Even if they had Micah Parsons, the secondary still looks like a mess. They seem to have more failed plays and disappointments than any other unit in the...

O/U: ---

📸 TEN at HOU 🦙

HOU favored by 7 pt

Tennessee Titans - Record (0-3) - Power Ranking #31 □ 1 TEN 12 at 20 DEN □ 2 LA 33 at 19 TEN

moving forward should be on nurturing the skills of Cameron Ward, who

Houston Texans - Record (0-3) - Power Rank #20 ☐ 1 HOU 9 at 14 LA ☐ 2 TB 20 at 19 HOU

It's shaping up to be a challenging season for the Titans. The focus has yet to find his footing. The outlook remains straightforward and...

At 0-3, the Houston Texans are facing significant challenges. Overcoming this difficult start won't be easy, especially given their upcoming schedule. C.J. Stroud has been struggling to find his form....

O/U: ---

[CIN at DEN 🙈

DEN favored by 7 pt

Cincinnati Bengals - Record (2-1) - Power Ranking #19 □ 1 CIN 17 at 16 CLE
□ 2 JAX 27 at 31 CIN

Denver Broncos - Record (1-2) - Power Rank #16 ☐ 1 TEN 12 at 20 DEN ☐ 2 DEN 28 at 29 IND

The notion that Jake Browning could maintain stability has quickly faded. In this league, there's a reason why players are backups. Without Joe Burrow, the Bengals' prospects appear bleak....

If the Broncos maintain the level of defensive performance they showed so far this year, they are going to win a lot of gams. Bo Nix seems like he is continuing to improve this year, and that will also ...

WAS favored by 2.5 pt

w WAS at ATL

O/U: -

□ 1 NYG 6 at 21 WAS
□ 2 WAS 18 at 27 GB

Washington Commanders - Record (2-1) - Power Ranking #8

Atlanta Falcons - Record (1-2) - Power Rank #27 □ 1 TB 23 at 20 ATL ☐ 2 ATL 22 at 6 MIN

Marcus Mariota delivered a strong performance while filling in for Jayden Daniels during the decisive victory over the Raiders. This allows Daniels the opportunity to take his time in returning, 1....

Are the Falcons dealing with a Michael Penix Jr. issue? The past two games suggest they might be. As a sophomore quarterback, he needs to elevate his performance. They are ranked 11th and maintain a...

O/U: ---

CAR at NE

NE favored by 5.5 pt

Carolina Panthers - Record (1-2) - Power Ranking #25 □ 1 CAR 10 at 26 JAX □ 2 CAR 22 at 27 ARI

New England Patriots - Record (1-2) - Power Rank #26 □ 1 LV 20 at 13 NE

☐ 2 NE 33 at 27 MIA



The defense played a crucial role in the Panthers' win against the Falcons. They put immense pressure on Michel Penix Jr., causing him to struggle by forcing interceptions and maintaining consistent...

The Patriots are currently grappling with a turnover problem, which was a significant factor in their loss to the Steelers. If they don't address this issue, they'll likely struggle to secure victories in...

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Pick

O/U: ---



JAX at SF



SF favored by 3 pt

Jacksonville Jaguars - Record (2-1) - Power Ranking #18 □ 1 CAR 10 at 26 JAX □ 2 JAX 27 at 31 CIN

San Francisco 49ers - Record (3-0) - Power Rank #12 ☐ 2 SF 26 at 21 NO □ 1 SF 17 at 13 SEA



The defense played a crucial role in the victory over the Texans, yet the Jaguars' offense is still struggling to find its rhythm. The team is plagued by an excess of penalties and dropped passes....

Similar to last season, the 49ers have had to contend with a significant number of injuries. Despite these challenges, they've managed to secure a 3-0 record, demonstrating their resilience and...

O/U: ---Indianapolis Colts - Record (3-0) - Power Ranking #9



LA favored by 3.5 pt



☐ 1 MIA 8 at 33 IND ☐ 2 DEN 28 at 29 IND

LA - Record (2-1) - Power Rank #6 ☐ 1 HOU 9 at 14 LA ☐ 2 LA 33 at 19 TEN

Are you convinced by the Giants yet? Daniel Jones and the offense are putting up impressive points, proving they're leading the charge in their division. 1. Straightforward and professional, with no extra...

The Rams experienced a difficult loss against the Eagles, but there were many positive takeaways from the matchup. As they gear up to face the undefeated Colts this week, the Rams are positioning...

PHI favored by 3 pt



PHI at TB



O/U: -

Philadelphia Eagles - Record (3-0) - Power Ranking #1 □ 1 DAL 20 at 24 PHI □ 2 PHI 20 at 17 KC

Their comeback victory against the Rams was a significant win, demonstrating their ability to rely on the passing game when necessary. This is a promising sign for the Eagles as they move...

Tampa Bay Buccaneers - Record (3-0) - Power Rank #5 ☐ 1 TB 23 at 20 ATL ☐ 2 TB 20 at 19 HOU

The Buccaneers have faced numerous injuries, yet they've managed to persevere thus far. Their most significant challenge awaits them this week as they go up against the Eagles

BAL favored by 3 pt



BAL at KC (160)



O/U: -

Baltimore Ravens - Record (1-2) - Power Ranking #10 □ 1 BAL 40 at 41 BUF
□ 2 CLE 17 at 41 BAL

The Ravens are currently facing challenges with their lines on both offense and defense. In a recent matchup against the Lions, the defense struggled to hold its ground, while the offensive line failed...

Kansas City Chiefs - Record (1-2) - Power Rank #11 ☐ 1 KC 21 at 27 LAC ☐ 2 PHI 20 at 17 KC

The Chiefs potentially turned their season around with their victory over the Giants on Sunday night. However, they still face significant issues on offense. This week, they must prepare to take on the...

MIN favored by 2.5 pt



MIN at PIT



O/U: ---

Minnesota Vikings - Record (2-1) - Power Ranking #15 □ 1 MIN 27 at 24 CHI □ 2 ATL 22 at 6 MIN

If the Vikings can replicate their defensive performance against the Bengals, the identity of their quarterback might not matter. However, it's worth noting that Carson Wentz delivered a solid performance...

Pittsburgh Steelers - Record (2-1) - Power Rank #14 ☐ 1 PIT 34 at 32 NYJ ☐ 2 SEA 31 at 17 PIT

The Steelers currently stand at a 2-1 record following their victory against the Patriots in New England. However, their overall performance on both offense and defense has yet to impress. The...

CHI favored by 1.5 pt



CHI at LV



O/U: ---

Chicago Bears - Record (1-2) - Power Ranking #22

□ 1 MIN 27 at 24 CHI
□ 2 CHI 21 at 52 DET

Unfortunately, they can't face the Dallas Cowboys defense every week, but credit goes to Caleb Williams for his strong performance in the win. Now, he must maintain that level of play....

Las Vegas Raiders – Record (1-2) – Power Rank #24 ☐ 1 LV 20 at 13 NE ☐ 2 LAC 20 at 9 LV

The Raiders' defense struggled significantly against the Commanders' backup quarterback, Marcus Mariota. This performance raises concerns and suggests that the Raiders may need to rely on high-scoring games.

O/U: ---

NYJ at MIA 🏈

MIA favored by 2.5 pt

New York Jets - Record (0-3) - Power Ranking #28 ☐ 1 PIT 34 at 32 NYJ ☐ 2 BUF 30 at 10 NYJ

With an 0-3 record, the New York Jets find themselves in a difficult situation, and there seems to be little hope for a turnaround. The guarterback position appears to make little difference in changing...

Miami Dolphins - Record (0-3) - Power Rank #30 ☐ 1 MIA 8 at 33 IND ☐ 2 NE 33 at 27 MIA

The Dolphins demonstrated resilience in their matchup against the Bills, a positive indication for head coach Mike McDaniel, However, a home loss to the Jets this week could lead to significant...

O/U: ---

SEA at ARI

ARI favored by 1.5 pt



Seattle Seahawks - Record (2-1) - Power Ranking #13 ☐ 1 SF 17 at 13 SEA
☐ 2 SEA 31 at 17 PIT

With a 2-1 record, the Seahawks are showcasing strong defensive performances and making significant plays on special teams. It appears that Mike Macdonald may be developing something exceptiona

Arizona Cardinals - Record (2-1) - Power Rank #17 ☐ 1 ARI 20 at 13 NO ☐ 2 CAR 22 at 27 ARI

The Cardinals' defense is expected to keep them competitive in many matchups this season. However, there are concerns about the offensive performance, which needs to improve. Questions have been raised about...