

NFL Pick Sheet – 2025 Week 7 – MFT Expert Picks

Pick

#16 	O/U: ---  LV at KC  KC favored by 11.5 pt Las Vegas Raiders – Record (2-4) – Power Ranking #24 1 LV 20 at 13 NE 2 LAC 20 at 9 LV The Raiders managed to secure a win against the Titans, but it wasn't without its flaws. With a record of 2-4, they're now bracing for a challenging matchup against the Chiefs. To stand a chance, the...	Kansas City Chiefs – Record (3-3) – Power Rank #13 1 KC 21 at 27 LAC 2 PHI 20 at 17 KC That victory over the Lions could be pivotal for the Chiefs' season. With Rashee Rice returning from suspension this week, the offense is set to receive a much-needed boost. Currently ranked 5th, they'll be...
#15 	NE favored by 7 pt  NE at TEN  O/U: --- New England Patriots – Record (4-2) – Power Ranking #10 1 LV 20 at 13 NE 2 NE 33 at 27 MIA Mike Vrabel has done an impressive job steering the Titans, with Drake Maye maturing into a franchise quarterback. Holding a 4-2 record, they pose a significant threat to the Bills in the division....	Tennessee Titans – Record (1-5) – Power Rank #30 1 TEN 12 at 20 DEN 2 LA 33 at 19 TEN After parting ways with coach Brian Callahan on Monday, questions remain about its impact on the Titans' performance. A significant factor in their upcoming matchup lies in the hands of Cam Ward, who...
#14 	GB favored by 6.5 pt  GB at ARI  O/U: --- Green Bay Packers – Record (3-1-1) – Power Ranking #6 1 DET 13 at 27 GB 2 WAS 18 at 27 GB Sitting at 3-1-1, the Packers returned from their bye week and managed a victory over the Bengals, despite the win lacking flair. The defense stepped up significantly compared to their performance in...	Arizona Cardinals – Record (2-4) – Power Rank #26 1 ARI 20 at 13 NO 2 CAR 22 at 27 ARI Questions are swirling around the Cardinals as concerns about Kyler Murray's performance grow. In their recent loss to the Colts, Jacoby Brissett put on a show, outperforming Murray and raising doubts about...
#13 	PIT favored by 5.5 pt  PIT at CIN  O/U: --- Pittsburgh Steelers – Record (4-1) – Power Ranking #5 1 PIT 34 at 32 NYJ 2 SEA 31 at 17 PIT Sitting comfortably at 4-1, the Steelers have established a strong grip on the AFC North as their divisional rivals face various challenges. Aaron Rodgers has been in impressive form, delivering 10...	Cincinnati Bengals – Record (2-4) – Power Rank #27 1 CIN 17 at 16 CLE 2 JAX 27 at 31 CIN Joe Flacco's performance against the Packers was more impressive than Jake Browning's, despite the lost game. However, the margin of improvement remains a question mark. The Bengals face a challenging...
#12 	O/U: ---  NYG at DEN  DEN favored by 7 pt New York Giants – Record (2-4) – Power Ranking #23 1 NYG 6 at 21 WAS 2 NYG 37 at 40 DAL Jaxson Dart has injected much-needed energy into the Giants' offense, providing a spark that was crucial for the team's revival. On the defensive side, the Giants made a significant impact in their matchup...	Denver Broncos – Record (4-2) – Power Rank #7 1 TEN 12 at 20 DEN 2 DEN 28 at 29 IND Having secured two consecutive victories, the Broncos still need to step up their performance in the passing game. Improvement is required from quarterback Bo Nix, particularly with deep throws, to...
#11 	O/U: ---  NO at CHI  CHI favored by 5.5 pt New Orleans Saints – Record (1-5) – Power Ranking #29 1 ARI 20 at 13 NO 2 SF 26 at 21 NO Playing competitive games could be the most realistic goal for the Saints this season as they focus on continuous improvement. Spencer Rattler is showing progress at the quarterback position, which offers...	Chicago Bears – Record (3-2) – Power Rank #17 1 MIN 27 at 24 CHI 2 CHI 21 at 52 DET That impressive road win against Washington on Monday night showcased the Bears' potential. Caleb Williams has shown significant improvement compared to last season, demonstrating enhanced...
#10 	O/U: ---  HOU at SEA  SEA favored by 3 pt Houston Texans – Record (2-3) – Power Ranking #21 1 HOU 9 at 14 LA 2 TB 20 at 19 HOU After a week of rest, the Texans are gearing up for a challenging road matchup in Seattle. The offensive line, which has faced its fair share of difficulties this season, will need to elevate its...	Seattle Seahawks – Record (4-2) – Power Rank #9 1 SF 17 at 13 SEA 2 SEA 31 at 17 PIT The defensive front showcased their prowess in a commanding victory over the Jaguars, racking up an impressive seven sacks. Under the guidance of Mike Macdonald, this unit has developed into a formidable...
#9 	LA favored by 3 pt  LA at JAX  O/U: --- LA – Record (4-2) – Power Ranking #4 1 HOU 9 at 14 LA 2 LA 33 at 19 TEN Despite a scrappy performance against the Ravens, the Rams managed to pull off a victory, showcasing the resilience that defines good teams. Their next challenge takes them across the Atlantic to London,...	Jacksonville Jaguars – Record (4-2) – Power Rank #12 1 CAR 10 at 26 JAX 2 JAX 27 at 31 CIN Struggles along the offensive line were evident in the recent loss to the Seahawks, making the upcoming matchup against a formidable Rams front in London even more challenging. Good luck with that....

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#8		O/U: ---	 TB at DET 	DET favored by 5.5 pt
		Tampa Bay Buccaneers – Record (5-1) – Power Ranking #1 □ 1 TB 23 at 20 ATL □ 2 TB 20 at 19 HOU <i>Despite grappling with numerous injuries, the Buccaneers have forged an impressive 5-1 record, currently holding the top seed in the NFC. Once the sidelined offensive players return to the lineup, expect...</i>	Detroit Lions – Record (4-2) – Power Rank #3 □ 1 DET 13 at 27 GB □ 2 CHI 21 at 52 DET <i>Injuries in the secondary were painfully evident during the loss to the Chiefs. This week, they're set to face a formidable Tampa Bay offense spearheaded by Baker Mayfield. Keeping their defense intact...</i>	
#7		CAR favored by 1.5 pt	 CAR at NYJ 	O/U: ---
		Carolina Panthers – Record (3-3) – Power Ranking #20 □ 1 CAR 10 at 26 JAX □ 2 CAR 22 at 27 ARI <i>With a 3-3 record, there's reason for optimism given their current standing. Their run game has been a standout, showing impressive performance, albeit against two of the league's weaker run defenses...</i>	New York Jets – Record (0-6) – Power Rank #32 □ 1 PIT 34 at 32 NYJ □ 2 BUF 30 at 10 NYJ <i>Despite their defense putting up a strong performance against the Broncos, the Jets remain winless. Aaron Glenn is under increasing pressure to make significant improvements swiftly, or there may be...</i>	
#6		PHI favored by 1.5 pt	 PHI at MIN 	O/U: ---
		Philadelphia Eagles – Record (4-2) – Power Ranking #8 □ 1 DAL 20 at 24 PHI □ 2 PHI 20 at 17 KC <i>It's clear that the Eagles are struggling this season, with a disjointed offense that can't seem to find its rhythm. The defense, once a stronghold, is now showing signs of vulnerability. This...</i>	Minnesota Vikings – Record (3-2) – Power Rank #18 □ 1 MIN 27 at 24 CHI □ 2 ATL 22 at 6 MIN <i>Coming off their bye week, the Vikings face a crucial home matchup against a desperate Eagles squad. The good news for Minnesota is that J.J. McCarthy is expected to return under center, which should...</i>	
#5		O/U: ---	 MIA at CLE 	CLE favored by 2.5 pt
		Miami Dolphins – Record (1-5) – Power Ranking #31 □ 1 MIA 8 at 33 IND □ 2 NE 33 at 27 MIA <i>With Tua Tagovailoa expressing doubts about his teammates, the situation looks grim. It's not just the internal issues that are concerning; their defense has been underperforming significantly....</i>	Cleveland Browns – Record (1-5) – Power Rank #28 □ 1 CIN 17 at 16 CLE □ 2 CLE 17 at 41 BAL <i>In their recent matchup against the Steelers, the Browns leaned heavily on Dillon Gabriel, as he attempted over 50 passes. This level of dependency on the passing game is unsustainable, highlighting a...</i>	
#4	W	WAS favored by 2.5 pt	 WAS at DAL 	O/U: ---
		Washington Commanders – Record (3-3) – Power Ranking #19 □ 1 NYG 6 at 21 WAS □ 2 WAS 18 at 27 GB <i>After a hard-fought loss to the Bears, defensive issues continue to be the primary concern for the Commanders. The team's struggles with poor tackling have led to numerous big plays, highlighting a...</i>	Dallas Cowboys – Record (2-3-1) – Power Rank #22 □ 1 DAL 20 at 24 PHI □ 2 NYG 37 at 40 DAL <i>Struggling mightily against the run, this team has allowed an average of 174 rushing yards per game over the past three weeks, exposing a glaring weakness in their defense. Unfortunately, the offense hasn't...</i>	
#3		O/U: ---	 ATL at SF 	SF favored by 2.5 pt
		Atlanta Falcons – Record (3-2) – Power Ranking #14 □ 1 TB 23 at 20 ATL □ 2 ATL 22 at 6 MIN <i>The defense delivered an impressive performance in the victory over the Bills, showcasing their ability to step up in crucial moments. Running back Bijan Robinson was fantastic, playing a pivotal role in...</i>	San Francisco 49ers – Record (4-2) – Power Rank #16 □ 1 SF 17 at 13 SEA □ 2 SF 26 at 21 NO <i>Things are looking tough for the 49ers as they face mounting challenges this season. Losing linebacker Fred Warner, who is the heart of their defense, during the game against Tampa Bay, is a...</i>	
#2		O/U: ---	 IND at LAC 	LAC favored by 1.5 pt
		Indianapolis Colts – Record (5-1) – Power Ranking #2 □ 1 MIA 8 at 33 IND □ 2 DEN 28 at 29 IND <i>Currently holding a 5-1 record, the Colts are the leading contenders for the top seed in the AFC. Despite their impressive standing, their victories have come against teams that aren't particularly strong...</i>	Los Angeles Chargers – Record (4-2) – Power Rank #15 □ 1 KC 21 at 27 LAC □ 2 LAC 20 at 9 LV <i>Against Miami, the Chargers found a way to secure a victory despite dealing with a battered offensive line. Justin Herbert continues to showcase his ability to win games in clutch moments, at least during...</i>	